DEPARTMENT OF HEALTH

PROPOSED CHANGES TO REGULATIONS.

Assessment Tool for Personal Care Services (PCS), Community First Choice (CFC) Services, & Home and Community-Based Waiver (HCBW) Services.

- **7 AAC 125. Medicaid Coverage; Personal Care Services and Home Health Care Services.**
- **7 AAC 127. Community First Choice Services.**
- **7 AAC 130. Medicaid Coverage; Home and Community-Based Waiver Services**
- **7 AAC 160.900. Medicaid Program; General Provisions. Requirements adopted by reference.**

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PUBLIC REVIEW DRAFT.
November 9, 2026.

COMMENT PERIOD ENDS: December 18, 2026.

Please see the public notice for details about how to comment on these proposed changes.

Notes to reader:

1. Except as discussed in note 2, new text that amends an existing regulation is **bolded and underlined**.

2. If the lead-in line above the text of each section of the regulations states that a new section, subsection, paragraph, or subparagraph is being added, or that an existing section, subsection, paragraph, or subparagraph is being repealed and readopted (replaced), *the new or replaced text is not bolded or underlined*.

3. [ALL-CAPS TEXT WITHIN BRACKETS] indicates text that is to be deleted.

4. When the word "including" is used, Alaska Statutes provide that it means "including, but not limited to."

5. Only the text that is being changed within a section of the current regulations is included in this draft. Refer to the text of that whole section, published in the current Alaska Administrative Code, to determine how a

Chapter 125. Medicaid Coverage; Personal Care Services and Home Health Care Services.

7 AAC 125.010(c)(5) is amended to read:

(5) requests physical assistance only with IADLs that are the responsibility of an individual listed under **7 AAC 125.030(e)(3)(A)** [7 AAC 125.040(a)(14)(A)];

7 AAC 125.010(c)(6) is amended to read:

(6) requests assistance with IADLs only, but shares a residence with other recipients, and the requested assistance would duplicate services as specified in **7 AAC 125.030(e)(3)(B)** [7 AAC 125.040(a)(14)(B)];

7 AAC 125.010(c)(8)(B)(i) is amended to read:

(i) the need for assistance with ADLs or the activities specified in **7 AAC 125.030(f)** [7 AAC 125.030(d)] is related solely to the child's disability, and is not due **primarily** [PRIMARIILY] to the child's age; or

(Eff. 2/1/2010, Register 193; am 3/1/2011, Register 197; am 1/26/2012, Register 201; am 7/22/2017, Register 223; am ____/____/_____, Register _____)

Authority: AS 47.05.010 AS 47.07.030

The introductory language of 7 AAC 125.020(a) is amended to read:

(a) Except as specified in 7 AAC 125.010(c), the department, using the **Alaska Home Care Assessment Tool for individuals 18 and over, or the Consumer Assessment Tool for individuals ages 6-17** [CONSUMER ASSESSMENT TOOL] adopted by reference in 7 AAC 160.900],

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The introductory language of 7 AAC 125.020(c)(1) is amended to read:

(1) the recipient needs one or more of the following levels of assistance described in the **assessment conducted under (a) of this section** [CONSUMER ASSESSMENT TOOL, ADOPTED BY REFERENCE IN 7 AAC 160.900]:

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7 AAC 125.020(c)(1)(B) is amended to read:

(B) supervision, if the recipient's need is established **under** [IN ACCORDANCE WITH] **7 AAC 125.030(b)(7)** [7 AAC 125.030(b)(5)(C)];

7 AAC 125.020(d)(2) is amended to read:

(2) needs only cueing or supervision as described in the **assessment conducted**

under (a) of this section [CONSUMER ASSESSMENT TOOL, ADOPTED BY REFERENCE IN 7 AAC 160.900], except for supervised eating under **7 AAC 125.030(b)(7)** [7 AAC 125.030(b)(5)(C)], in order to perform an ADL, IADL, or other covered service specified in 7 AAC 125.030. (Eff. 2/1/2010, Register 193; am 1/26/2012, Register 201; am 11/3/2012, Register 204; am 7/22/2017, Register 223; am ____/____/_____, Register _____)

Authority: AS 47.05.010 AS 47.07.030

7 AAC 125.024(a)(1) is amended to read:

(1) determine the total time for personal care services for which the department will pay using the ***Service Level Computation Chart for Personal Care Services and Community First Choice Personal Care Services*** [PERSONAL CARE SERVICES: SERVICE LEVEL COMPUTATION], adopted by reference in 7 AAC 160.900; and

7 AAC 125.024(b) is amended to read:

(b) The total time authorized under (a)(1) of this section may be used to provide any **ADL** [AOL], IADL, or other activity, covered under 7 AAC 125.030, that is identified in the recipient's service level authorization developed under (a)(2) of this section. The department will not pay a provider for performance of any activity that is not identified in a recipient's service level authorization. (Eff. 1/26/2012, Register 201; am 7/22/2017, Register 223; am ____/____/_____, Register _____)

Authority: AS 47.05.010 AS 47.07.030

7 AAC 125.026(f)(2) is amended to read:

(2) the findings on the recipient's **assessment conducted under 7 AAC 125.020**

[CONSUMER ASSESSMENT TOOL, ADOPTED BY REFERENCE IN 7 AAC 160.900,] that are the result of a new assessment;

(Eff. 1/26/2012, Register 201; am 7/22/2017, Register 223; am ____/____/_____, Register _____)

Authority: AS 47.05.010 AS 47.07.030

7 AAC 125.030 is repealed and readopted to read:

7 AAC 125.030. Personal care services; covered services. (a) A personal care services provider may only bill for the personal care services identified in this section for a recipient if those services are

(1) included in the recipient's service level authorization;

(2) provided through either an agency-based or a consumer-directed personal care services program in accordance with 7 AAC 125.010 - 7 AAC 125.199; and

(3) documented in case notes and verified as received by the recipient on timesheets that are signed by the recipient, the recipient's representative, or the representative's designee appointed in accordance with 7 AAC 125.100(c).

(b) Based on the assessment and level of assistance determination under 7 AAC 125.020, the department may authorize personal care services for physical assistance to enable a recipient to complete one or more of the following ADLs:

(1) bed mobility;

(2) transfer;

(3) locomotion;

(4) multi-level locomotion;

(5) locomotion to access a vehicle for a medical appointment;

(6) dressing;

(7) eating, including supervising the eating and drinking of a recipient whose need for supervision due to swallowing or aspiration difficulties has been confirmed by an annual swallow study submitted to the department that was conducted not earlier than one year before the date of application under 7 AAC 125.012;

(8) tube feeding up to six times per day;

(9) toileting;

(10) personal hygiene; and

(11) bathing.

(c) The department will not authorize additional time for the ADL of

(1) bed mobility if the moving, turning, or positioning of a recipient is necessary to perform the ADL of transfer, dressing, toileting, or bathing;

(2) transfer, if the moving of a recipient is necessary to perform the ADL of toileting or bathing;

(3) locomotion, if locomotion is necessary to perform the ADL of toileting or bathing;

(4) time for the ADL of locomotion for a recipient who is self-sufficient with an assistive device;

(5) time for the ADL of multi-level locomotion for a recipient who has a stair lift, elevator, or other device that assists with accessing multiple levels within a recipient's home;

(6) time for the ADL of eating for a recipient who is authorized time for tube feeding under (b) of this section;

(7) time for the ADL of tube feeding unless

(A) the recipient is in a consumer-directed personal care services program;

(B) the recipient has a written plan for tube feeding from the recipient's licensed physician, physician assistant, or advanced practice registered nurse, who is qualified to practice under AS 08 or 7 AAC 105.200;

(C) the written plan under (B) of this paragraph

(i) specifies the method for administration of the enteral nutrition product and fluids; and

(ii) provides instructions for the recipient's personal care assistant to follow regarding the method of administration, the enteral nutrition product and fluids to be used and the amount for each feeding, the rate of flow and duration of each feeding, and the feeding schedule; and

(D) the personal care services agency ensures that the recipient's personal care assistant has the training necessary to implement the written plan under (B) of this paragraph safely.

(d) Subject to the limitations in 7 AAC 125.040(a)(12), the department may authorize personal care services for physical assistance to enable a recipient to complete one or more of the following IADLs:

(1) meal preparation;

(2) housework;

(3) laundering;

(4) shopping.

(e) The department will not pay for

(1) time for the IADL of meal preparation unless the meal preparation is

(A) not duplicated by another meal service approved under 7 AAC 130.295 or 42 U.S.C. 3001 - 3058ff (Older Americans Act);

(B) provided in the recipient's home; and

(C) provided in accordance with 42 U.S.C. 3030g;

(2) time for the IADL of meal preparation for a recipient who is authorized time for tube feeding under (b) of this section;

(3) assistance with an IADL under (d) of this section that

(A) is the responsibility of the spouse of the recipient, the parent of a minor child who is the recipient, or an individual with a duty to support the recipient under state law; or

(B) duplicates a service that another recipient living in the same residence receives as assistance with an IADL under this section or similar service under 7 AAC 127.087 if that service is sufficient to maintain a clean, sanitary, and safe environment for all recipients in that residence; the department may authorize assistance with an IADL that duplicates a service under this paragraph if it is justified as necessary for the health, safety, and welfare of a recipient.

(f) In addition to the physical assistance provided under (b) and (d) of this section, personal care services may be provided for physical assistance to enable a recipient to perform the following activities if the recipient needs the assistance to complete the activity:

(1) the self-administration of prescribed oral medication, eye drops, and skin ointments;

(2) the minor maintenance of respiratory equipment;

(3) dressing changes and wound care, subject to the following limitations:

(A) dressing changes and wound care involving aseptic techniques and prescription medication

(i) may only be available to a recipient in a consumer-directed personal care services program; and

(ii) must be provided under a written plan provided by a licensed physician, physician assistant, or advanced practice registered nurse; and

(B) dressing changes and wound care may not include routine care around catheter or tube sites;

(4) attending a medical appointment, subject to the following limitations:

(A) the department will only pay for assistance at a medical appointment for a recipient who is authorized to receive assistance with the ADL of locomotion to access a vehicle for a medical appointment;

(B) the time is authorized for qualified recipients for routine medical and dental appointments listed in the recipient's assessment;

(C) assistance at the medical appointment does not include time for transportation to and from the appointment or for the purpose of providing translation services;

(5) passive range-of-motion, provided that the recipient has

(A) a documented physical condition associated with contractures that results in a need for passive range-of-motion for the extremities affected by that condition; and

(B) a written plan for passive range-of-motion for the extremities, to be performed in the home of the recipient, that

(i) has been provided by a licensed physician, physician assistant, advanced practice registered nurse, physical therapist, or occupational therapist that is qualified to practice under AS 08 or 7 AAC 105.200(c);

(ii) provides detailed guidance for the movements of the recipient's extremities that is to be followed by the recipient's personal care assistant when performing passive range-of-motion as a personal care service;

(iii) is reviewed and revised, annually or as necessary, for a change in the recipient's condition that requires an alteration of the written plan; and

(iv) is submitted to the department with the recipient's application under 7 AAC 125.012 or request for amendment under 7 AAC 125.026, or as requested by the department. (Eff. 2/1/2010, Register 193; am 1/26/2012, Register 201; am 7/22/2017, Register 223; am ____/____/_____, Register _____)

Authority: AS 47.05.010 AS 47.07.030

7 AAC 125.040(a)(1) is amended to read:

(1) application of dressings involving prescription medication and aseptic techniques, except as allowed under **7 AAC 125.030(f)(3)** [7 AAC 125.030(d)(3)];

7 AAC 125.040(a)(2)(B) is amended to read:

(B) tube feedings, except as allowed under **7 AAC 125.030(b)(8)** [7 AAC

125.030(b)(5)(B)];

7 AAC 125.040(a)(2)(D) is amended to read:

(D) injection of medication and administration of medication, except as provided under **7 AAC 125.030(f)(1)** [7 AAC 125.030(d)(1)];

7 AAC 125.040(a)(3) is amended to read:

(3) cleaning an area not used directly by the recipient, home maintenance, or pet care, except care for a service animal **as part of the IADL housework** [UNDER 7 AAC 125.030(c)(3)(f)];

7 AAC 125.040(a)(9) is amended to read:

(9) supervision, except for supervision under **7 AAC 125.030(b)(7)** [7 AAC 125.030(b)(5)(C)];

7 AAC 125.040(a)(14) is repealed:

(14) repealed ____/____/_____;

7 AAC 125.040(a)(15) is repealed:

(15) repealed ____/____/_____;

7 AAC 125.040(a)(16) is repealed:

(16) repealed ____/____/_____;

7 AAC 125.040(a)(17) is repealed:

(17) repealed ____/____/_____.

(((Publisher: Following the repealed notation at the end of 7 AAC 125.040(a)(17), please change the period to a semicolon. Following the repealed notation of 7 AAC 125.040(a)(16), please delete "or")))

7 AAC 125.040(a) is amended by adding new paragraphs to read:

(18) assistance with an IADL under 7 AAC 125.030(d) or (f)(1) - (4) that is a parental responsibility for a minor recipient, and that, if not provided, would be considered neglect of a child under AS 47.10.014;

(19) range-of-motion exercise, walking exercise, or other types of exercise, except for passive range-of-motion as specified in 7 AAC 125.030(f)(5); or

(20) any activity not specified in 7 AAC 125.030.

7 AAC 125.040(c) is amended to read:

(c) A recipient that is eligible for both Community First Choice chore services under 7 AAC 127.087 and personal care services under **7 AAC 125.030(d)** [7 AAC 125.030(c)] must choose either to receive chore services or to have similar activities performed as personal care services.

(Eff. 2/1/2010, Register 193; am 1/26/2012, Register 201; am 11/3/2012, Register 204; am 7/1/2015, Register 214; am 7/22/2017, Register 223; am 1/1/2021, Register 236; am ____/____/_____, Register _____)

Authority: AS 47.05.010 AS 47.07.030

7 AAC 125.090(d)(3) is amended to read:

(3) **training in assisting a recipient** [ASSISTANCE] with self-administration of [MEDICATION TRAINING THAT ADDRESSES THE ACTIVITIES SET OUT IN THE DEFINTION OF "ASSISTING A RECEIPIENT WITH SELF- ADMINISTRATION OF] prescribed oral medication, eye drops, and skin ointments**, as defined in 7 AAC 125.199(4)** [IN 7 AAC 125.030(g)]; and

(Eff. 2/1/2010, Register 193; am 10/1/2011, Register 199; am 6/29/2017, Register 222; am 7/22/2017, Register 223; am 9/18/2022, Register 243; am ____/____/_____, Register _____)

Authority: AS 47.05.010 AS 47.05.310 AS 47.05.340
AS 47.05.017 AS 47.05.320 AS 47.07.030
AS 47.05.300 AS 47.05.330

7 AAC 125.102(d)(3)(A) is amended to read:

(A) a failure to document assisting a recipient with self-administration of prescribed oral medication, eye drops, and skin ointments; [IN THIS SUBPARAGRAPH, "ASSISTING A RECIPIENT WITH SELF-ADMINISTRATION OF PRESCRIBED ORAL MEDICATION, EYE DROPS, AND SKIN OINTMENTS" HAS THE MEANING GIVEN IN 7 AAC 125.030(g)];

7 AAC 125.102(d)(3)(B) is amended to read:

(B) a failure to assist a recipient with self-administration of prescribed oral medication, eye drops, and skin ointments at, or within one hour before or one hour after, the scheduled time; [IN THIS SUBPARAGRAPH, "ASSISTING A RECIPIENT WITH

SELF-ADMINISTRATION OF PRESCRIBED ORAL MEDICATION, EYE DROPS, AND SKIN OINTMENTS" HAS THE MEANING GIVEN IN 7 AAC 125.030(g)];

(Eff. 7/22/2017, Register 223; am ____/____/_____, Register _____)

Authority: AS 47.05.010 AS 47.07.030 AS 47.07.040

7 AAC 125.104(g)(1)(B) is amended to read:

(B) does not include oral medication prescribed for the purpose of managing behavior by an individual listed in **the definition of "medication" in 7 AAC 125.199** [7 AAC 125.030(g)(2)] and administered in accordance with the applicable requirements of 7 AAC 125.030;

(Eff. 7/22/2017, Register 223; am ____/____/_____, Register _____)

Authority: AS 47.05.010 AS 47.07.030 AS 47.07.040

7 AAC 125.199 is repealed and readopted to read:

7 AAC 125.199. Definitions. In 7 AAC 125.010 - 7 AAC 125.199, unless the context requires otherwise,

(1) "ADL" means "activity of daily living," which has the meaning given in AS 47.33.990(1);

(2) "agency-based program" means a program that provides personal care services to a qualified recipient who is unable to manage those services because of cognitive capacity or a documented history of self-neglect or who chooses not to take responsibility for managing those services;

(3) "assessment" means an evaluation of a recipient's capacity to perform ADLs

and IADLs, as determined by the assessment performed under 7 AAC 125.020, taking into consideration health, medical, or functional needs identified during the previous 12 months or since the recipient's last assessment;

(4) "assisting a recipient with self-administration of prescribed oral medication, eye drops, and skin ointments" means

(A) reminding the recipient to take or use medication;

(B) opening a medication container or prepackaged medication for the recipient;

(C) reading a medication label to the recipient;

(D) providing food or liquids if the medication label instructs the recipient to take the medication with food or liquids; for purposes of this subparagraph, providing food or liquids does not include time to prepare food or meals;

(E) observing the recipient while the recipient takes or uses medication;

(F) checking the recipient's dosage to be self-administered against the label of the medication container;

(G) reassuring the recipient that the recipient is taking the dosage or using a medication as prescribed; or

(H) directing or guiding the hand of the recipient, at the recipient's request, while the recipient administers medication;

(5) "bathing" means washing the recipient's entire body, including the recipient's hair, in a bathtub or shower, or by means of a sponge bath;

(6) "bed mobility" means, for a recipient who is non-ambulatory, moving a recipient to and from a lying position in a bed, turning a recipient from side to side in a bed, or

positioning a recipient in a bed;

(7) "business day" means a day other than Saturday, Sunday, or a legal holiday under AS 44.12.010;

(8) "consumer-directed program" means a program that provides personal care services to a recipient, and that recipient or either the recipient's representative or the representative's designee is responsible for managing those services;

(9) "CPR" means cardiopulmonary resuscitation;

(10) "dressing" means putting on, fastening, unfastening, and removing the recipient's clothing, support hose, or prosthesis;

(11) "eating" means the functional ability to orally intake nutrition for the consumption of up to three meals a day, including supervising the eating and drinking of a recipient who satisfies the requirements of 7 AAC 125.030(b);;

(12) "housework" means making the living spaces in a recipient's home neat and orderly, and may include cleaning the floors, dusting, dishes, cleanup of meals, cleaning the bathroom used by the recipient, making the recipient's bed, trash removal, and service animal feeding and waste removal;

(13) "IADL" means instrumental activity of daily living;

(14) "laundering" means changing a recipient's bed linens and laundering a recipient's linens and clothing;

(15) "locomotion" means moving between locations on the same floor in the recipient's residence;

(16) "locomotion to access a vehicle for a medical appointment" means moving to and from the recipient's residence to a vehicle used by the recipient to access a routine medical or

dental appointment;

(17) "meal preparation" means the preparation and serving of a meal in the recipient's home that is essential to meet the health needs of the recipient;

(18) "medication" means a drug or product, including an over-the-counter product, that is intended to be taken or used by the recipient at a scheduled time or as needed, and that is prescribed for the recipient by a licensed physician, physician assistant, advanced practice registered nurse, or dentist that is qualified to practice under AS 08 or 7 AAC 105.200(c);

(19) "multi-level locomotion" means using the stairs to move between multiple levels inside of the recipient's residence;

(20) "natural supports" means

(A) individuals that voluntarily and without payment provide care and supports for the recipient; and

(B) the care and supports that are

(i) provided voluntarily and without pay for a recipient; and

(ii) similar to and supplemented by personal care services;

(21) "passive range-of-motion" means moving a joint through the range of motion by another individual with no effort from the recipient and does not include the set up or use of mechanical devices;

(22) "personal hygiene" means,

(A) washing and drying face, hands, or feet, when done separately from bathing;

(B) skin, mouth, and teeth care;

(C) brushing or combing hair, and shaving;

(23) "representative's designee" means an individual appointed by the recipient's representative in accordance with 7 AAC 125.100(c);

(24) "remote community or location" means

(A) a community or location that is not accessible by road from Anchorage or Fairbanks, or that is accessible only by crossing international boundaries; and

(B) does not include a community or location that is on a road system that

(i) connects two or more communities or locations; and

(ii) has a supervising registered nurse available in one of the communities or locations

(25) "service animal" means a dog that has been individually trained to perform work or tasks directly related to the recipient's functional limitations caused by the recipient's physical condition;

(26) "service level authorization" means the authorization that was developed under 7 AAC 125.024, with any amendment under 7 AAC 125.026, and approved by the department to provide personal care services for a recipient;

(27) "shopping" means shopping for items required for the health and maintenance of the recipient, including groceries, household items, prescribed drugs, and medical supplies;

(28) "toileting" means moving a recipient to and from a location in the recipient's home and the location of the toilet or commode, and includes

(A) all transfers and locomotion necessary to complete the ADL of toileting;

(B) the use, disposal, and cleaning of a bedpan or urinal, colostomy, ileostomy, or external catheter care;

(C) for a recipient in a consumer-directed program only, inserting a non-medicated suppository, digital stimulation, or other routine incontinence care;

(D) post-toileting cleansing of the perineal area; and

(E) the dressing and adjustment of clothing before and after toileting;

(29) "transfer" means moving a recipient between one surface and another, including to and from a bed, chair, or wheelchair;

(30) "tube feeding" means the manual or mechanical administration of nutrition and may include syringe feeding, gravity feeding, medical equipment, technology, or other manual or non-manual methods of administration. (Eff. 2/1/2010, Register 193; am 1/26/2012, Register 201; am 7/22/2017, Register 223; am ____/____/_____, Register _____)

Authority: AS 47.05.010 AS 47.07.030

Chapter 127. Community First Choice Services.

7 AAC 127.030(f)(2) is amended to read:

(2) for an applicant who wants to receive Community First Choice personal care services, conduct an assessment of the individual; the department will use the **Alaska Home Care Assessment Tool for individuals 18 and over, or the** Consumer Assessment Tool **for individuals ages 6-17,** adopted by reference in 7 AAC 160.900, to determine if the individual qualifies to receive Community First Choice personal care services; and

(Eff. 10/1/2018, Register 227; am 1/22/2023, Register 245; am ____/____/_____, Register _____)

Authority: AS 47.05.010 AS 47.07.036 AS 47.07.040
AS 47.07.030

7 AAC 127.040(a)(2)(A) is amended to read:

(A) physical assistance with services as specified in **7 AAC 125.030(b) - (f)** [7 AAC 125.030(b) - (d)];

7 AAC 127.040(a)(2)(B) is amended to read:

(B) supervision and cueing assistance with the ADLs and IADLs specified in 7 AAC 125.030(b) and **(d)** [(c)] for a recipient who requires assistance based on behavior or cognitive scoring on the **assessment performed under 7 AAC 127.030** [CAT ASSESSMENT] as indicated in the ***Service Level Computation Chart for Personal Care Services and Community First Choice Personal Care Services*** [COMMUNITY FIRST CHOICE PERSONAL CARE SERVICES: SERVICE LEVEL COMPUTATION], adopted by reference in 7 AAC 160.900(d); and

7 AAC 127.040(a)(2)(C) is amended to read:

(C) acquisition, maintenance, and enhancement of skills necessary for the recipient to accomplish the activities in **7 AAC 125.030(b) - (f)**[7 AAC 125.030(b) - (d)]; the recipient may request time for training to enable the recipient to perform independently the ADLs, IADLs, and other services identified in the recipient's Community First Choice service level authorization; and

(Eff. 10/1/2018, Register 227; am 1/1/2021, Register 236; am ____/____/_____, Register _____)

Authority: AS 47.05.010 AS 47.07.036 AS 47.07.040
AS 47.07.030

7 AAC 127.045(a)(1) is amended to read:

(1) application of dressings involving prescription medication and aseptic techniques, except as allowed under **7 AAC 125.030(f)(3)** [7 AAC 125.030(d)(3)];

7 AAC 127.045(a)(2)(B) is amended to read:

(B) tube feedings, except as allowed under **7 AAC 125.030(b)(8)** [7 AAC 125.030(b)(5)(B)];

7 AAC 127.045(a)(2)(D) is amended to read:

(D) injection of medication and administration of medication, except as provided under **7 AAC 125.030(f)(1)** [7 AAC 125.030(d)(1)];

7 AAC 127.045(a)(3) is amended to read:

(3) cleaning an area not used directly by the recipient, home maintenance, or pet care, except care for a certified service animal **as part of the housework IADL as defined in 7 AAC 125.199** [UNDER 7 AAC 125.030(c)(3)(F)];

7 AAC 127.045(a)(12) is amended to read:

(12) assistance with an IADL under **7 AAC 125.030(d)** [7 AAC 125.030(c)] that

(A) is the responsibility of an immediate family member; or

(B) duplicates **a service** [SERVICES] that **another recipient** [OTHER RECIPIENTS] living in the same residence **receives** [RECEIVE] as assistance with **an IADL** [IADLS] under this section [, 7 AAC 125,] or similar **service** [SERVICES] under 7 AAC 127.087 **if that service is** [, AND THOSE SERVICES ARE] sufficient to maintain a clean, sanitary, and safe environment for all recipients in that residence; [HOWEVER,] the department may authorize assistance with an IADL that duplicates **a service** [SERVICES] **under this paragraph** if it is justified as necessary for the health, safety, and welfare of a recipient;

7 AAC 127.045(a)(14) is amended to read:

(14) range-of-motion exercise, walking exercise, or other types of exercise, except for passive range-of-motion as specified in **7 AAC 125.045(f)(5)** [7 AAC 125.030(d)(5)]; or

(Eff. 10/1/2018, Register 227; am 1/1/2021, Register 236; am ____/____/_____, Register _____)

Authority: AS 47.05.010 AS 47.07.036 AS 47.07.040
AS 47.07.030

7 AAC 127.090(a)(1) is amended to read:

(1) determine the level of assistance necessary for and the amount, duration, and frequency of the specific Community First Choice personal care services for which the department will pay using the ***Service Level Computation Chart for Personal Care Services and Community First Choice Personal Care Services*** [COMMUNITY FIRST CHOICE

PERSONAL CARE SERVICES: SERVICE LEVEL COMPUTATION], adopted by reference in 7 AAC 160.900; and

(Eff. 10/1/2018, Register 227; am ____/____/_____, Register _____)

Authority: AS 47.05.010 AS 47.07.036 AS 47.07.040
AS 47.07.030

7 AAC 127.095(c)(2) is amended to read:

(2) the findings on the recipient's **Alaska Home Care Assessment Tool** [CONSUMER ASSESSMENT TOOL] that are the result of a new assessment under 7 AAC 127.030;

(Eff. 10/1/2018, Register 227; am 10/19/2024, Register 252; am ____/____/_____, Register _____)

Authority: AS 47.05.010 AS 47.07.036 AS 47.07.045
AS 47.07.030 AS 47.07.040

7 AAC 127.155(d)(3)(A) is amended to read:

(A) a failure to document assisting a recipient with self-administration of prescribed oral medication, eye drops, and skin ointments; in this subparagraph, "assisting a recipient with self-administration of prescribed oral medication, eye drops, and skin ointments" has the meaning given in **7 AAC 125.199;** [7 AAC 125.030(g):]

7 AAC 127.155(d)(3)(B) is amended to read:

(B) a failure to assist a recipient with self-administration of prescribed oral

medication, eye drops, and skin ointments at, or within one hour before or one hour after, the scheduled time; in this subparagraph, "assisting a recipient with self-administration of prescribed oral medication, eye drops, and skin ointments" has the meaning given in **7 AAC 125.199** [7 AAC 125.030(g)];

(Eff. 10/1/2018, Register 227; am ____/____/_____, Register _____)

Authority: AS 47.05.010 AS 47.07.036 AS 47.07.040
AS 47.07.030

7 AAC 127.160(g)(1)(B) is amended to read:

(B) does not include oral medication prescribed for the purpose of managing behavior by an individual listed in **the definition of "medication" in 7 AAC 125.199** [7 AAC 125.030(g)(2)] and administered in accordance with the applicable requirements of 7 AAC 125.030;

(Eff. 10/1/2018, Register 227; am ____/____/_____, Register _____)

Authority: AS 47.05.010 AS 47.07.036 AS 47.07.040
AS 47.07.030

Chapter 130. Medicaid Coverage; Home and Community-Based Waiver Services

The introductory language of 7 AAC 130.215(2) is amended to read:

(2) for the recipient category of adults with physical and developmental disabilities, the department will determine, based on the results of **the Alaska Home Care Assessment Tool,** [DEPARTMENT'S CONSUMER ASSESSMENT TOOL (CAT)], adopted by

reference in 7 AAC 160.900, or an interim level-of-care review, whether the applicant has both a physical disability and a developmental disability, and whether

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The introductory language of 7 AAC 130.215(4) is amended to read:

(4) for the recipient category of older adults or adults with physical disabilities, the department will determine, based on the results of the **Alaska Home Care Assessment Tool**[DEPARTMENT'S CONSUMER ASSESSMENT TOOL (CAT)], adopted by reference in 7 AAC 160.900, or an interim level-of-care review, whether

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(Eff. 7/1/2013, Register 206; am 3/31/2021, Register 238; am ____/____/_____, Register _____)

Authority: AS 47.05.010 AS 47.07.040 AS 47.07.045
AS 47.07.030

7 AAC 160.900(d)(29) is repealed:

(29) repealed ____/____/_____;

(((Publisher: please remove the following text from the Editor's note following 7 AAC 160.900, "The *Personal Care Services: Service Level Computation*, adopted by reference in 7 AAC 160.900, is available for inspection at the Department of Health, Division of Senior and Disabilities Services, Court Plaza Building, 240 Main Street, Suite 602, Juneau, Alaska. The *Personal Care Services: Service Level Computation* is also posted on the Department of Health,

Division of Senior and Disabilities Services' website at http://health.alaska.gov/dsds/Pages/pca/default.aspx.")))

7 AAC 160.900(d)(38) is amended to read:

(38) the *Material Improvement Reporting for ALI/APDD Waivers*, dated **February 23, 2026** [MAY 2, 2013];

7 AAC 160.900(d)(39) is amended to read:

(39) the *Material Improvement Reporting for CCMC Waivers*, dated **February 23, 2026** [MAY 2, 2013];

7 AAC 160.900(d)(57) is repealed:

(57) repealed ____/____/_____;

(((Publisher: please remove the following text from the Editor's note following 7 AAC 160.900, "The *Community First Choice Personal Care Services: Service Level Computation*, adopted by reference in 7 AAC 160.900, is available for inspection at the Department of Health, Division of Senior and Disabilities Services, Court Plaza Building, 240 Main Street, Suite 602, Juneau, Alaska. The *Community First Choice Personal Care Services: Service Level Computation* is also posted on the Department of Health, Division of Senior and Disabilities Services' website at http://health.alaska.gov/dsds/Pages/cfc/default.aspx.")))

7 AAC 160.900(d) is amended by adding a new paragraph to read:

(75) *Alaska Home Care Assessment Tool*, dated November 2, 2026;

(((Publisher: please change the period at the end of 7 AAC 160.900(d)(74) to a semicolon.)))

The Editor's note following 7 AAC 160.900 is changed by adding a new paragraph to read:

The *Alaska Home Care Assessment Tool*, adopted by reference in 7 AAC 160.900(d), may be viewed at the department's offices at 1835 Bragaw Street, Suite 350, Anchorage, AK 99508; 751 Old Richardson Hwy, Suite 100a, Fairbanks, AK 99701; 350 Main Street, Suite 503, Juneau, AK 99811.

7 AAC 160.990(d) is amended by adding a new paragraph to read:

(76) *Service Level Computation Chart for Personal Care Services* and *Community First Choice Personal Care Services*, dated October 21, 2026.

The Editor's note following 7 AAC 160.900 is changed by adding a new paragraph to read:

The *Service Level Computation Chart for Personal Care Services* and *Community First Choice Personal Care Services*, adopted by reference in 7 AAC 160.900(d), may be obtained at the department's Internet site at: https://health.alaska.gov/en/resources/sds-regulations-and-conditions-of-participation/.

(Eff. 2/1/2010, Register 193; am 8/25/2010, Register 195; am 12/1/2010, Register 196; am 1/1/2011, Register 196; am 1/15/2011, Register 197; am 2/9/2011, Register 197; am 3/1/2011, Register 197; am 10/1/2011, Register 199; am 12/1/2011, Register 200; am 1/26/2012, Register 201; am 3/8/2012, Register 201; am 4/1/2012, Register 201; add'l am 4/1/2012, Register 201; am 5/11/2012, Register 202; am 10/16/2012, Register 204; am 11/3/2012, Register 204; am

12/1/2012, Register 204; am 12/2/2012, Register 204; am 1/1/2013, Register 204; am 1/16/2013, Register 205; am 7/1/2013, Register 206; add'l am 7/1/2013, Register 206; am 11/3/2013, Register 208; am 1/1/2014, Register 208; am 2/2/2014, Register 209; am 3/19/2014, Register 209; am 3/22/2014, Register 209; am 5/18/2014, Register 210; am 2/26/2015, Register 213; am 3/15/2015, Register 213; am 7/1/2015, Register 214; am 5/1/2016, Register 218; am 7/22/2017, Register 223; am 11/5/2017, Register 224; am 3/1/2018, Register 225; am 10/1/2018, Register 227; am 1/1/2019, Register 228; am 3/24/2019, Register 229; am 6/2/2019, Register 230; am 6/13/2019, Register 230; am 7/1/2019, Register 231; am 10/25/2019, Register 232; am 11/10/2019, Register 232; am 4/24/2020, Register 234; am 5/21/2020, Register 234; am 6/25/2020, Register 234; am 10/1/2020, Register 235; am 10/4/2020, Register 236; am 1/1/2021, Register 236; am 3/31/2021, Register 238; am 6/30/2021, Register 238; am 8/27/2021, Register 239; am 9/9/2021, Register 239; am 10/9/2021, Register 240; am 11/1/2021, Register 240; am 5/25/2022, Register 242; am 9/4/2022, Register 243; am 9/18/2022, Register 243; am 10/16/2022, Register 244; am 12/1/2022, Register 244; am 12/23/2022, Register 244; am 3/3/2023, Register 245; am 3/26/2023, Register 245; am 5/1/2023, Register 246; am 5/19/2023, Register 246; am 1/1/2024, Register 248; am 2/1/2024, Register 249; am 2/2/2024, Register 249; add'l am 2/2/2024, Register 249; am 3/1/2024, Register 249; am 11/8/2024, Register 252; am 1/5/2025, Register 253; am 5/25/2025, Register 254; am 8/9/2025, Register 255; am 11/14/2025, Register 256; am 7/1/2026, Register 258; am ____/____/_____, Register _____)

Authority: AS 47.05.010 AS 47.07.030 AS 47.07.085

AS 47.05.012 AS 47.07.040