



FEBRUARY 12, 2025

Alaska Department of Health (DOH)

Long Term Services and Supports (LTSS) Rate Study

**Governor's Council on Disabilities and
Special Education (GCDSE)**

outwit complexity™



Agenda

Topics

Guidehouse Introduction

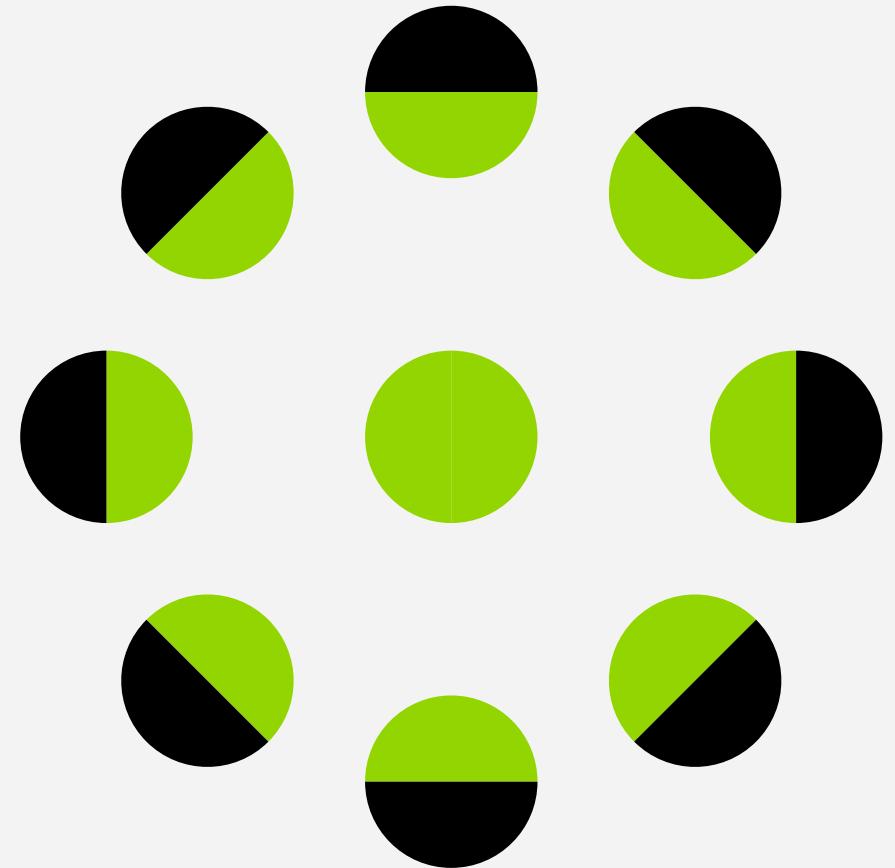
LTSS Programs and Services for Rate Review

Overview and Goals of Rate Review

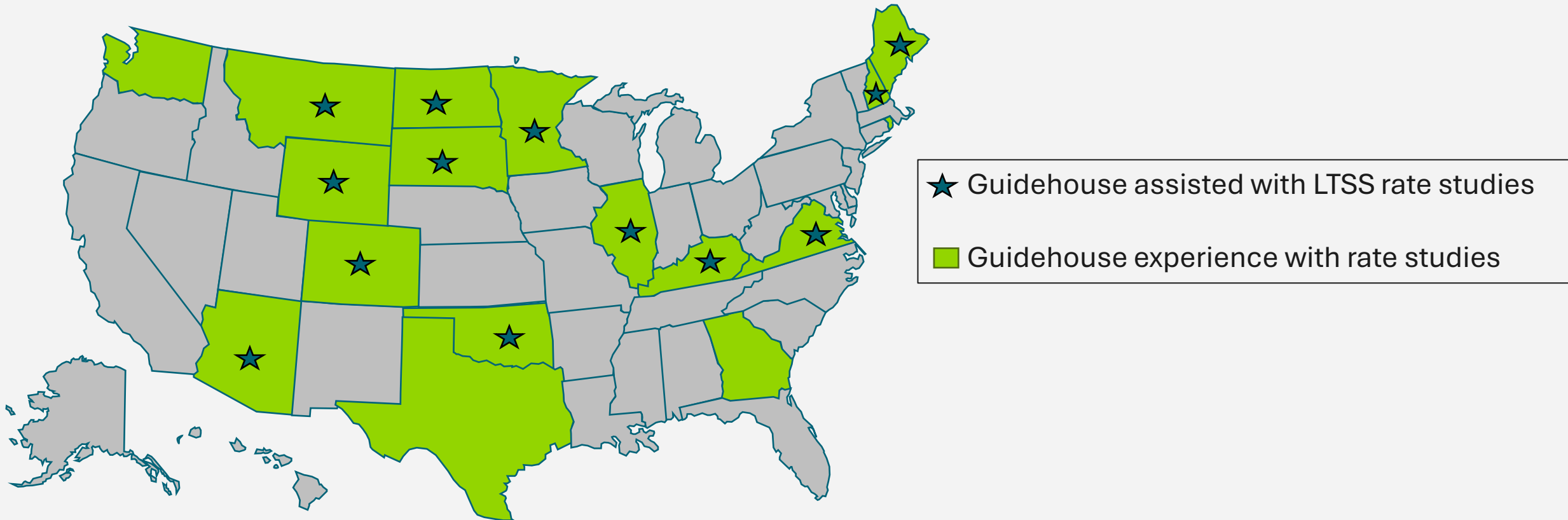
Collaboration with Community Partners

Approach to Rate-Building

Listening Sessions



Guidehouse: Community-Based Rate Study Experience



LTSS Programs and Services for Rate Review

Guidehouse will review rates for the following programs and services administered by the Division of Senior and Disabilities Services (SDS) and Division of Public Assistance (DPA)

Long Term Services and Supports (LTSS) Rate Study

1 - 1905(a) Personal Care Services – State Plan	2 - 1915(k) Community First Choice Services – State Plan	3 - 1915(c) HCBS Waivers	4 - LTSS Targeted Case Management – State Plan	5 - Intermediate Care Facilities (ICF) for Individuals with ID	6 - The Tax Equity and Fiscal Responsibility Act of 1982 (TEFRA) Program
<ul style="list-style-type: none"> a. Personal Care – Agency Based b. Personal Care – Consumer Directed 	<ul style="list-style-type: none"> a. Personal Care – Agency Based b. Personal Care – Consumer Directed c. Skill Building – Personal Care d. Chore e. Personal Emergency Response 	<ul style="list-style-type: none"> a. Alaskans Living Independently b. Adults with Physical and Developmental Disabilities c. Children with Complex Medical Conditions d. Intellectual and Developmental Disabilities (IDD) e. IDD Individualized Supports Waiver 	<ul style="list-style-type: none"> a. Application (CFC or waiver) b. Initial Support Plan (CFC or waiver) c. Monthly Case Management (CFC only) 	<ul style="list-style-type: none"> a. Intermediate Care Facilities (ICF) for Individuals with Intellectual Disabilities (IID) – Residential Care 	<ul style="list-style-type: none"> a. TEFRA Care Coordination



1. Care Coordination; 2. Day Services – Adult Day and Day Habilitation; 3. Employment; 4. Residential Habilitation - In-Home Supports, Supported Living; 5. Intervention, Treatment, or Therapy; 6. Intensive Active Treatment; 7. Meals; 8. Private Duty Nursing; 9. Specialized Private Duty Nursing; 10. Nursing Oversight and Care Management; 11. Residential Supported Living – Family Home, Group Home; 12. Respite (Agency & Family-Directed); 13. Transportation; 14. Specialized Medical Equipment; 15. Environmental Mods

Overview and Goals of Rate Review

Purpose of the LTSS Rate Study:

1. Increase healthcare access to all Alaskans
2. Review existing rate methodologies and compare to other states
3. Understand differences in costs and rates between geographies within the State
4. Review rates for similar services offered across programs and divisions for alignment
5. Engage with community partners, such as Tribal Health Organizations (THOs)
6. Adjust rate methodologies to respond to people of all age groups and level of need
7. Complete a financial analysis that supports sustainability
8. Provide recommendations for implementation

Key Deliverables

1. Project Workplan
2. Peer State Comparisons
3. Provider Survey
4. Rate Models
5. Fiscal Impact Analysis
6. Final Report with Rate and Implementation Recommendations

Timeline

August 2024 - July 2025

Collaboration with Community Partners

Parameter	Lived Experiences	Rate Workgroup	Tribal Organizations
Invited Participants	Listening sessions with individuals receiving LTSS, families, and natural supports	24 representatives of provider associations and providers: <ul style="list-style-type: none"> • Impacted by rate changes • Reflecting full range of services and geographies • Understanding provider finances, reporting capabilities, and service costs 	Representatives of Tribal Health Organizations
Frequency	Focused Sessions	Monthly/Bi-Monthly	Focused Sessions

Guidehouse Approach to Rate-Building Across Programs/Services

Employs assumptions of:

- Wages
- Types of employees
- Staffing ratios
- Employee benefits
- Other provider costs



Recognizes the costs of services with service-specific variations

Independent Model Approach using state-specific data sources to develop the estimates for each cost component for each service

Consideration of participant's specific needs (team dynamics, staffing ratios)



Assumptions can be derived from state, national or industry standard data

Analysis requires multiple components

Listening Sessions

We invite you to participate and provide feedback on LTSS services and rates.



- Our goal is to **hear from people in the LTSS system and their natural supports**. We welcome your participation if you are:
 - A person with lived experience receiving LTSS.
 - A family member, friend, or person who supports people with lived experience.



- **We are offering two sessions** for the convenience to participants and to increase attendance.
 - **Session One: March 24, 10am-11am AKST**
 - **Session Two: March 24, 5pm-6pm AKST**
- The sessions will cover the same material in each, so you do not need to attend both.

For more information, please visit the Alaska Medicaid Rate Review Project Website:
<https://health.alaska.gov/Commissioner/Pages/RateReview/MRR/default.aspx>

Please Direct Questions To:

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