



Notice of Proposed Changes in the Regulations of the Alaska Board of Massage Therapists

Proposed Regulations - FAQ

August 2024

1. What is the purpose of the proposed regulations? What will this regulation do?

12 AAC 79.100, 12 AAC 79.110, 12 AAC 79.200, and 12 AAC 79.210

- The proposed regulation changes will update language regarding which cardiopulmonary resuscitation (CPR) courses are acceptable to the board.
- The board is clarifying that courses that adhere to the most recent American Heart Association guidelines and courses that are compliant with current Joint Commission standards are acceptable to the board. This is in addition to courses that are currently listed as accepted: courses received through the American Red Cross, American Heart Association, and the American Safety and Health Institute.
- The board is replacing outdated language that refers to ‘equivalent organizations’ as acceptable to make the language more specific.

2. Can I use _____ company for a CPR course?

Yes, if the company providing the CPR education is listed as adhering to the most recent American Heart Association guidelines, or if the education is compliant with the Joint Commission (JCAHO) standards.

3. How will I know if the company is compliant, or using the most up to date guidelines?

There should be an identifying statement on the company website. You will need to reach out to the company directly to verify if there is no statement on the website.

4. What are the positive and negative impacts of the proposed regulations?

These proposed changes will help licensees verify conclusively if the company that they utilize for CPR education is accepted by the board, which is a positive change. No negative impacts are expected.

5. What are the costs to comply with the proposed regulations?

There are no known costs to comply with the proposed regulations.

6. When will the regulations be effective?

After the public comment deadline, comments received are compiled and given to the Board for consideration. The Board may adopt the regulation as written/publicly noticed, may amend and adopt them, choose to take no action, or may withdraw the proposed regulations in part or in its whole. After Board action, the adopted regulations go to Department of Law (DOL) for final review/approval. DOL either approves or disapproves regulations. Once approved by DOL, it goes to the Lt. Governor for filing. Regulation takes effect on the 30th day after they have been filed by the Lt. Governor.

Do you have a question that is not answered here? Please email RegulationsAndPublicComment@alaska.gov so it can be added.