

# Alaska Psychiatric Institute

MONTHLY OPERATING REPORT
APRIL 2024

# I. Operations Summary (All Statistics Fiscal Year)

	Current Month		Current Year	
	Actual (April 2024)	Prior Year (April 2023)	YTD 5/2023-4/2024	Prior Year 5/2022-4/2023
A. Admission	s			
Civil Adult	19	22	391	433
Forensic Adult	7	4	36	41
Adolescent	1	1	13	31

#### Comments:

	Current Month		Current Year	
	Actual (April 2024)	Prior Year (April 2023)	YTD (5/2023-4/2024)	Prior Year 5/2022-4/2023
B. Discharges				
Civil Adult	23	32	392	429
Forensic Adult	1	4	24	39
Adolescent	1	1	17	31

## Comments:

	Current Month		Current Year	
	Actual (April 2024)	Prior Year (April 2023)	YTD (5/2023-4/2024)	Prior Year (5/2022-4/2023)
C. Average Le	ength of Stay			
Civil Adult	41.70	38.41	39.44	30.70
Forensic Adult	175.00	35.75	82.04	62.74
Adolescent	18.00	66.00	111.24	53.74

## Comments:

	Current Month (April 2024)		
	Patients	Visits	
D. Forensic			
Outpatient	0	0	
Jail Based	8 pts	65 visits	

Comments: Outpatient Competency Restoration (OPCR) intends to admit patients who are clinically stable enough to navigate themselves to the outpatient facility, compliant with their medications and/or mental health treatment and abstaining from the use of alcohol and/or drugs. We initially planned to admit patients who only had a history of misdemeanor charges that did not include a "Use of Force." We proposed we broaden the history of charges to include all misdemeanors as well as low-level non-violent felonies that we will review on a patient-by-patient basis.

## II. QAPI

## Treatment Plans (Nurse Educator)

## Comments:

The Multidisciplinary Master Treatment Plan (MTP) has been converted from paper and integrated into the Electronic Heath Record (EHR). Training has been completed on all five units across six disciplines, including the auditing process for night shift Registered Nurses. The next phase of the project is to monitor and assess the auditing process to maintain ongoing compliance and build excellence in the treatment planning process.

Clinical Indicator Overview	Current Month	YTD
Against Medical Advice (AMA)	0	
AMA via Court		
Elopements (out of building)	0	
Seclusions		
Civil Adult	18	
Forensic Adult	0	
Adolescent	20	
Total	38	
Restraint		
Civil Adult	86	
Forensic Adult	0	
Adolescent	82	
Total	168	
Patients Needing 1:1	0	

<sup>\*\*\*</sup>YTD data not available at time of submission

## **Workplace Safety**

#### Comments:



# Workplace Violence by categories for April 2024:

- 59% was Patients physical assault on staff.
- 22% was aggression towards staff nonphysical contact i.e. posturing, verbal assault.
- 16% Patient to patient physical assault.
- 100% of the patient-to-patient physical assault occurred on the adult civil units (Katmai and Susitna).
- 3% Patient to patient aggression nonphysical contact, i.e. posturing, verbal assault.

## Workplace violence by unit:

- 39% on the adolescent unit (Chilkat).
- 48% on the adult civil unit (Katmai and Susitna).
- 12% on the DD and Dementia unit (Denali).
- 1% on the forensic unit (Taku).

## **Social Drivers of Health**

# Comments:

API will be screening all patients upon each admission to improve our understanding of the needs of our patients and identify gaps and barriers to receiving equitable care.

#### Other Initiatives

Comments:

## Regulatory updates/Follow Up Activities

#### Comments:

API hosted the Western Interstate Commission for Higher Education (WICHE) consultant team for a multi-day onsite visit. During this visit they surveyed Human Resources, Medical Staff and Quality Assurance Performance Improvement. We are awaiting the report and anticipate in arriving next week (May 20). The report will be shared with the governing body when we receive it.

# III. Maintenance/Facility

## **Project Updates**

#### **Nurse Call**

API Maintenance Superintendent, Director of Nursing, Director of Clinical Support – met with Simens to select and confirm Lighting CODE Color on the Nurse Call on 5-9-24. We are attempting to finish testing and begin training before June 30, so funding is not affected.

## **Direct Digital Controls**

Simens installation going well – On hold until Simens receives water relay switches for UNIT Patient area controls. State O.I.T. Kieth Lewis working on purchasing a new server for the DDC System. One additional Workstation computer needed for Maintenance Suite E26A.

#### Zenitel Overhead P.A. System

Overhead P.A. system installed and working; however, Maintenance identified (14) ceiling mounted P.A. Speakers throughout hospital currently not working requiring troubleshooting. Superintendent also requested quote to Add 2 speakers in high traffic locations where there is no Overhead P.A. coverage (1<sup>st</sup> Floor Elevator Landing bottom of stairwell and outside Infection control office next to key watcher boxes by lobby.

## **EST3 Fire Alarm Panel**

Currently API's Primary Fire Alarm Panel has a non-working Display in the Katmai Server room. Quote was requested and received via Northern Support Services (\$1200.00) – Superintendent waiting on approval/ P.R. from Procurement to proceed.

## **API Emergency Well System**

API's Lead Levels Test High – Above EPA Standards Superintendent obtained Cost quote to troubleshoot the Well – Anchorage Well and Pump \$4900 – On hold pending approval. Quote to change Filtration Media on water softener (\$3900) on hold pending approval.

## (39) Glass Rod Sprinkler Heads

In process – Accel Fire Suppression ordered Parts – Awaiting parts to arrive and will then schedule project.

## **Boiler #2 (Not working)**

Pinnacle Mech/ approved (\$3700) was on hold until warmed outside temps to replace Boiler #2 isolation valves. This will take 10-12 hours and must be completed during nightshift hours as entire campus water supply gets shut down.

## **API Grounds Keeping**

The API Maintenance Department will be managing ALL Duties this Season on Grounds Keeping.

#### IV. **Emergency Preparedness**

# **Activities/Training**

#### Comments:

API is evaluating if we qualify for Hospital Preparedness Program (HPP) grant funds to replace back up well equipment and replace primary radio base station for emergency communications. Participation in statewide exercise currently scheduled for June.

#### V. Clinical Efficacy/Programming Updates (Chief Clinical Officer/Director of Nursing)

# Opportunities:

The Mega Mash is a treatment mall style engagement project between the two units, Katmai and Susitna. The following are the opportunities and accomplishments for this project.

- Admission coordination between Assessment and Screening Office (ASO) and the inpatient units.
- Goals to increase the creative activities and for patients.
- Clarification about when patients are on unit restriction and if they are allowed to go between units.
- Coordination of locator (Q15 checks)
- Monitoring of Close Observation Safety Status (COSS) patients
- Consider reducing the Mega Mash to 2-3 times a week.
- Consider changing time to 1330-1500.

## Successes:

- Collaboration between different specialties working together.
- Patients are happy and excited.
- Increased group interaction.
- Increased social interactions between patients.

## Trends:

Positively, patients are fulfilled, occupying time, good engagement, improved satisfaction, has not negatively affected them at all.

#### VI. **Department Updates**

## **Human Resources**

#### A. New Hires: 4

Position	Fulltime (FT)/Non-Perm (NP)
RN	1 NP
PNA	1 NP
Psychology	
Admin	2 FT
Psychiatrist	

## B. Vacancies: 70

RN	23
PNA	27
Psychology/Rehab/Social	10
General/Admin	5

Psychiatrist	4	
Maintenance/ES	1	

## A. Students: 6

Medical Student	1
Psychiatric Resident	
Psychology	4
Nursing	
Social Work	
Occupational Therapy	

## **Nursing**

## **Travelers Needed: 11**

Comments:

We are extending two travelers through August.

#### **Recruitment Efforts**

Comments:

- We currently have 3 active recruitments.
- We have an open applicant pool for nurses and intend to offer at least 2 positions.
- We have recently hired the Susitna manager position.

## **Clinical Staff**

(Psychology, Rehab, Occupational Therapy, Physical therapy, Paralegal)

- Margaret Adams accepted the Occupational Therapist II position vacated by Bri Oswald and we will begin recruitment for her former position.
- We have a new physical therapist position and had a candidate interview; however, the compensation is prohibitively low (Range 18 compared to OT's starting range of 21)
  - Next steps are considering advances step placement, LOA, and/or job classification study.
- 3 newly updated MHCIII flex positions should open this week and we believe there are interested candidates for these requirements.
- 4 of our psychology staff are seeking a supervisory designation to better help our department supervise students and staff in these flex positions who require supervision toward licensure.
- We are working to expand the inclusion criteria for the outpatient competency program and working with DOC to establish services at Hiland Mountain (for female defendants)
- Our long term CBTp Group is well attended, and patients are enjoying & benefitting from it.

## **Medical Staff**

## **Locum Tenens Needed:**

Currently, we do not need any Locum Tenens until August 2024.

## **Credentialing Update:**

- Since January 2024, the following Medical Staff members have been re-credentialed: Dr. Sean Farley, Julian (J.D.) Smith, Dr. Nathan Kasukonis, Dr. Andrew Pauli (associate member).
- In addition, Lelenneth Beebe's and Maria Rollins' appointment expiration date change has been voted upon and approved to reflect the most recent update in the Joint Commission/CMS credentialing standards.

## **Psychiatrist Recruitment Update:**

• We are actively recruiting for 2 staff psychiatrists.

# VII. Executive Summary

## Introduction:

Our patients continue to show positive progress in their treatment. However, an important trend emerged regarding our length of stay, which is on the rise. This increase can be attributed to the growing complexity of cases we are handling, such as patients with developmental disabilities, dementia as well as the conversion of T47 court-ordered patients to T12 civil commitment. This transition is contributing to the extended length of stay, as these patients require more comprehensive complex care and discharge planning.

On the employee front, our engagement activities are being well received. We believe that these initiatives are fostering a positive work environment and boosting morale among our staff. We are looking forward to celebrating Hospital Week in May, which we anticipate will further enhance employee engagement and appreciation among our staff.

We remain committed to providing the highest quality of care to our patients while ensuring a supportive and engaging work environment for our employees. We will continue to monitor these trends and make necessary adjustments to our strategies as needed. Thank you for your ongoing support and dedication to our mission.

## **Strategic Planning:**

Leaders have been finishing up with employee annual evaluations before they will start on the initiative for the year.

- Evidence Based/Gold Standard Patient care.
- Address the unique needs for patients with lengths of stay greater than 90 days to promote recovery, independence, and engagement in their treatment.
- Workplace Safety Decrease total assaults (patient to patient and patient to staff) by 20-25% Decrease days away from work due to assaults by 5-10%.
- Recruitment Efforts.

Working with department to identify a software package to assist in tracking the strategic planning efforts, next steps, and outcomes.

#### **Physician Recruitment**

Goldfish Partners: 4/16-5/9: 15 responses; 1 candidate to be forwarded to API. Possible temporary to permanent.

## **Long Term Patients:**

On April 10<sup>th</sup> API had a census of 75

- Patients >30 days = 75%
- Patients =>60 days = 66%
- Patients =>90 days = 48%

Discharges are occurring at a one in and one out basis as it is slow to find placement. A meeting was called with social work, DON, CCO and CEO to address barriers and identify discharges that could be escalated to API leadership to assist or influence where needed. Dr. Oswald and complex care team to assist with non-forensic patients in pulling stakeholders together to seek placement and/or discuss funding solutions.

# **Employee Engagement:**

Planning has been in the works for May 13-19 Hospital week. Staff will be celebrated throughout the week with activities such as:

- Food trucks each day in the morning and evening to cover all shifts.
- Empower Retirement will be onsite.
- Pet Therapy.
- T-shirt with API logo for each staff.
- Pickle Ball Clinic.
- Italian Soda Bar.
- Massages for staff (by Students)