



THE STATE  
of **ALASKA**  
GOVERNOR MIKE DUNLEAVY

## Department of Health

SENIOR AND DISABILITY SERVICES  
Governor's Council on Disabilities  
and Special Education

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### Self-Advocacy & Leadership (SA&L) Committee

Robert B. Atwood Building | 1<sup>st</sup> Floor Conference Room 102/104  
550 West 7<sup>th</sup> Ave Anchorage, AK

Use State garage across the street and bring ticket with you & get stamped for **free parking**.

**September 27th, 2023**  
**11:00am – 12:30pm**

#### **TO JOIN THE MEETING:**

Zoom link: <https://us02web.zoom.us/j/84053168198?pwd=QTJpa1FvRjhmeG1laDFheGk4bmNGZz09>

Toll Free numbers: 888 475 4499, 833 548 0276, 833 548 0282, 877 853 5257

*(if one phone number doesn't work, it means it is full. Please try one of the other listed numbers).*

- Meeting ID: 840 5316 8198
- Passcode: 158170

#### **Call to Order:**

Jena Crafton, SA&L Committee Chair

#### **Roll Call / Begin ZOOM Recording:**

Committee Members: Jena Crafton-Chair, Anna Attla, Art Delaune, Margaret Evans, Corey Gilmore, Elizabeth Joseph, Nona Safra, Shelly Vendetti-Vuckovich, Heidi-Lieb Williams, Christine Bohan

*(Quorum is defined as a 6 Committee Members).*

**Welcome from the Chair:**

- *1 minute mindfulness*
  - *Clear your mind and release any thoughts that may be cluttering your mind.*
  - *Focus on your breath, be present in this moment.*
- *Announcements*
- *Good news*

**Conflict of Interest Declarations:**

This is an opportunity for committee members to declare if they have a conflict with any item on the agenda, financial or otherwise.

**Approval of the Previous Meeting Minutes and Agenda:**

- Approval of Agenda
  - *SAMPLE MOTION: I make a motion to approve the meeting agenda as presented.*
- Approval of Past Meeting Minutes
  - *SAMPLE MOTION: I make a motion to approve the previous meeting minutes as presented.*

Motion must be made by a committee member who was present at the meeting.

**Reports:**

- Chair-Jena Crafton
- GCDSE Staff

**Business:**

- SA & L Chair / Co-Chair
- Review and discuss updated SAL workplan for Year 3 for upcoming council

supported activities.

- Any other items/ events coming up
  - Possible DD Awareness month request?
  - 8 Keys for Adults with FASD
    - Possible showing in the future at SA & L committee
- Updates from around the state
- Peer Advocacy Guide:
  - Discussion
- Self Advocates Becoming Empowered (SABE) website review:
  - <https://www.sabeusa.org/meet-sabe/>
- SARTAC website review:
  - <https://www.selfadvocacyinfo.org/resources/current-issues-resources/>
- Updates on own advocacy work
- Updates from outside of Alaska – anything else happening to keep our eyes on?

### **Resources:**

- Self Advocates Becoming Empowered (SABE)  
<https://www.sabeusa.org/meet-sabe/>
- SARTAC <https://www.selfadvocacyinfo.org/resources/current-issues-resources/>
- Partner updates, group discussion, other announcements

### **Time and Date of Next Meeting:**

- Upcoming Meetings:

November 29<sup>th</sup>, 11:30am to 12:30pm

### **Good of the Order and Adjournment:**

- Motion to Adjourn