



THE STATE
of **ALASKA**
GOVERNOR MIKE DUNLEAVY

Department of Health

SENIOR AND DISABILITY SERVICES
Governor's Council on Disabilities
and Special Education

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Self-Advocacy & Leadership (SA&L) Committee

Robert B. Atwood Building | 1st Floor Conference Room 102/104
550 West 7th Ave Anchorage, AK

Use State garage across the street and bring ticket with you & get stamped for **free parking**.

August 30th, 2023
11:00am – 12:30pm

TO JOIN THE MEETING:

Zoom link: <https://us02web.zoom.us/j/83618543768?pwd=V2ovWWhJVy9lS2ZxN2llQ0MvMFdoZz09>

Toll Free numbers: 888 475 4499, 833 548 0276, 833 548 0282, 877 853 5257

(if one phone number doesn't work, it means it is full. Please try one of the other listed numbers).

- Meeting ID: 836 1854 3768
- Passcode: 753 245

Call to Order:

Jena Crafton, SA&L Committee Chair

Roll Call / Begin ZOOM Recording:

Committee Members: Jena Crafton-Chair, Anna Attla, Art Delaune, Margaret Evans, Corey Gilmore, Elizabeth Joseph, Nona Safra, Shelly Vendetti-Vuckovich, Heidi-Lieb Williams

(Quorum is defined as a 6 Committee Members).

Welcome from the Chair:

- *1 minute mindfulness*
 - *Clear your mind and release any thoughts that may be cluttering your mind.*
 - *Focus on your breath, be present in this moment.*
- *Announcements*
- *Good news*

Conflict of Interest Declarations:

This is an opportunity for committee members to declare if they have a conflict with any item on the agenda, financial or otherwise.

Approval of the Previous Meeting Minutes and Agenda:

- Approval of Agenda
 - *SAMPLE MOTION: I make a motion to approve the meeting agenda as presented.*
- Approval of Past Meeting Minutes
 - *SAMPLE MOTION: I make a motion to approve the previous meeting minutes as presented.*

Motion must be made by a committee member who was present at the meeting.

Reports:

- Chair-Jena Crafton
- GCDSE Staff

Business:

- Alaska Advocacy and Leadership Opportunities guide (10 to 15 minutes)-
 - Discussion -- individual advocacy involvement updates from committee

members and guests

- Review and discuss updated SAL workplan for Year 3 for upcoming council supported activities.
- Peer Advocacy Guide – Review with Committee
- Special Guest: Wesley Witherspoon—Self-Advocate: State Council on Developmental Disabilities.

Resources:

- Self Advocates Becoming Empowered (SABE)
<https://www.sabeusa.org/meet-sabe/>
- SARTAC <https://www.selfadvocacyinfo.org/resources/current-issues-resources/>
- Partner updates, group discussion, other announcements

Time and Date of Next Meeting:

- Upcoming Meetings:

September 27th, 11:00am to 12:30pm

November 29th, 11:30am to 12:30pm

Good of the Order and Adjournment:

- Motion to Adjourn