

Community Inclusion, Supports & Services



Work Plan for FFY23

Goal 1 – Community Inclusion, Supports & Services

People with developmental disabilities will have increased access to a flexible system of meaningful supports and services in their homes and communities to increase the number of people with developmental disabilities living the lives they choose.

Objective 1 - Choice & Independence in Long-Term Supports and Services:

People will have information, training, tools, and programs for systems change, supported decision-making, strategies and technology for independence, community-building, and more to increase the number of adults with developmental disabilities who choose and direct their long-term supports and services.

<u>Activity</u>	<u>Who</u>	<u>Target Date</u>	<u>Timeline</u>
<p>1. Support the Council’s 5-Year plan through the management and oversight of the ACL Living Well project.</p> <p>Outcome: Alaskans with DD and their families, and/or support professionals will have information or tools necessary to increase the number Alaskans with DD that live the life they choose. GCDSE Council members will serve as the advisory board to ACL Living Well meeting and will provide input on the Living Well Plan.</p>	GCDSE staff and council members	September 30th, 2023	Ongoing
<p>2. Facilitate annual state legislative visits for self-advocates and parent council members</p> <p>Outcome: More Alaskans with disabilities and their families, will speak to Alaska state legislators, they will tell their stories and talk on what is important to them / their priorities</p>	GCDSE staff and council members	September 30th, 2023	Ongoing

<p>3. Facilitate annual federal legislative visits with Alaska’s U.S. Congressional delegation for self-advocates and parent council members</p> <p>Outcome: More Alaskans with disabilities and their families, will speak Alaska’s U.S. Congressional delegation, they will tell their stories and talk on what is important to them / their priorities</p>	GCDSE staff and council members	September 30th, 2023	Ongoing
<p>4. Develop at least 2 position papers for educating state legislators and policy makers on the impacts on Alaskans with DD of policy and/or legislative proposals or issues</p> <p>Outcome: State legislators and policy makers will have information provided to them by GCDSE on the impacts on Alaskans with DD of policy and/or legislative proposals or issues</p>	GCDSE staff and council members	September 30th, 2023	Ongoing
<p>5. Participate in at least 4 annual disability awareness campaigns in collaboration with state and national partners (which could include: DD Awareness Month, Autism Awareness Month, FASD Awareness Month/Day, Disability Employment Awareness)</p> <p>Outcome: At least 500 Alaskans will increase their knowledge on disability issues (such as Developmental Disabilities, FASD, Autism) by being reached social media.</p> <p>6. Mini Grant Review— Support community inclusion for Alaska’s DD population by serving on the Microenterprise Grant review committee.</p> <p>Outcome: More Alaskans with DD will have increased access to supports in their communities by receiving funds from the Alaska Mental Health Trust Authority in the form of mini grants.</p>	GCDSE staff and council members GCDSE staff	September 30th, 2023 September 30th, 2023	Ongoing Ongoing
<p>7. During Alaska’s legislative session (January-April), Council staff and the Legislative Committee chair will participate in weekly cross-disability advocacy meetings on state legislation that impacts Alaska Mental Health Trust beneficiaries including Alaskans with Developmental Disabilities.</p>	GCDSE staff and council members	September 30th, 2023	Ongoing

<p>Outcome: More Alaskans with DD, their families and community partners will have increased information on current legislation that will impact Alaskans with Developmental Disabilities.</p>			
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Objective 2 - Housing

People with developmental disabilities and their families **will have information, training, tools, and programs** for housing accessibility, housing availability, housing rights, landlord-tenant relations, cohabitation strategies, and more to increase the number of people with developmental disabilities who live where and with whom they choose.

Key Activities: No activities in year 1 or 2

Objective 3 - Health and Healthcare:

People will have information, training, tools, and programs about Medicaid services, home and community-based services, health and well-being, community events and activities, and more to increase the number of people with developmental disabilities across the lifespan who are living full and meaningful lives.

<u>Activity</u>	<u>Who</u>	<u>Target Date</u>	<u>Timeline</u>
<p>1. Participate in, promote, and/or contribute to at least 1 statewide events, town halls, conferences, or trainings per year on full and meaningful lives, healthcare, health and well-being, HCBS, and/or Medicaid (i.e., Full Lives, Autism Conference, FASD State of the State, Disability and Aging Summit, etc.)</p> <p>Outcome: More Alaskans with disabilities and/or their families will be knowledgeable about full and meaningful lives, healthcare, health and well-being, HCBS, and/or Medicaid</p>	<p>GCDSE Staff and council members</p>	<p>September 30th, 2023</p>	<p>Ongoing</p>

<p>2. Monitor, review, and make recommendations on at least 1 proposed regulation and/or statute, or program operation, annually, that impact Medicaid services, home- and community-based services, health and well-being, community events and activities</p> <p>Outcome: Council members will have more information on proposed regulations and/or statutes, or program operations that impact Medicaid services, home- and community-based services, health and well-being, community events and activities</p>	GCDSE Staff and council members	September 30th, 2023	Ongoing
<p>3. Using social media, promote events and information on meaningful lives, health and well-being, healthcare, Medicaid services, and/or HCBS (i.e., Full Lives, Autism Conference, FASD State of the State, etc.)</p> <p>Outcomes: More Alaskans will have access to the updated website and social media resources.</p>	GCDSE Staff and council members	September 30th, 2023	Ongoing

Objective 4 - Education & Early Development:

People with developmental disabilities across the lifespan and their families ***will have information, training, tools, and programs*** to increase the number of people with disabilities included with nondisabled age peers in infant daycare, preschools, K-12, and post-secondary education.

<u>Activity</u>	<u>Who</u>	<u>Target Date</u>	<u>Timeline</u>
<p>1. Support education and early development in Alaska by chairing the SEAP and ICC and serving as the governing board for SESA.</p> <p>Outcome: Necessary information and support to be connected with early intervention and special education services in their region will be available to Alaskans.</p>	GCDSE Staff	September 30th, 2023	Ongoing

Objective 5 - Emerging Needs:

People with developmental disabilities and their families **will have information, training, and tools** to prepare for them for personal emergencies, natural disasters, and/or other emergent circumstances to increase personal safety and the security of services, supports, and self-determined choices.

<u>Activity</u>	<u>Who</u>	<u>Target Date</u>	<u>Timeline</u>
<p>2. Participate in at least one statewide emergency preparedness and planning coalition, to improve the responsiveness of emergency systems to the needs of people with DD</p> <p>Outcome: GCDSE staff is up to date on emerging needs during disasters and can provide input</p>	GCDSE Staff	September 30th, 2023	Ongoing
<p>3. Collaborate with self-advocacy organizations and other partners to respond to emergent situations that impact people with DD by distributing public information on various platforms, promoting official state-issued advisories and orders, and publishing referral resources to increase the safety and well-being of people with DD</p> <p>Outcomes: More Alaskans will have access to the updated website and social media resources.</p>	GCDSE Staff	September 30th, 2023	Ongoing
<p>4. Provide one training on emergency preparedness for people with DD, their families, or service providers per year</p> <p>Outcome: More Alaskans with disabilities and their families, and service providers will be knowledgeable about emergency preparedness for people with disabilities</p>	GCDSE Staff	September 30th, 2023	Ongoing