

# Self-Advocacy & Leadership Committee

Year 2 Work Plan for **FY23**



## Goal 2 - Self-Advocacy and Leadership

People with developmental disabilities will have increased access to education, tools, and opportunities for self-advocacy across the lifespan to increase the number of people with developmental disabilities expressing their vision for their lives in local, State, and national Forums

### Objective 1 - DD Shared Vision Implementation

People with developmental disabilities will have information on the Shared Vision and will have opportunities to actively participate in planning and implementation of the Shared Vision to increase the number of people who understand the Shared Vision and the number who live the life they choose with the supports they direct.

\*\*The sections highlighted in green represent newly added plan revisions.

<u>Key Activity</u>	<u>Who</u>	<u>Target Date</u>	<u>Status</u>
<b>2.1.1:</b> Produce or provide at least 1 informational outreach resource about the Vision for use at community events, fairs, conference exhibit tables, stakeholder meetings, social events (brochure, infographic postcard, poster, banner, etc.).	GCDSE Staff, Council members	By September 30th, 2023	

<p>*Examples: Disability Pride T-shirts, Facebook posts</p> <p><b>Outcome:</b> People will understand more about the Shared Vision</p>	<p><b>Ideas for FY23:</b>          Create, provide, distribute 2023 Disability Pride T-Shirts          Provide and distributed Shared Vision folders and post cards at events          Include Shared Vision in I Have Rights, I Have Dreams, and other webinars.          Send GovDelivery and Social Media Posts</p>		
<p><b>2.1.2:</b> Collaborate with a statewide DD self-advocacy organization on at least one statewide legislative advocacy training per year (with Legislative Committee)</p> <p><b>Outcome:</b> People will understand more about the legislative advocacy process</p>	<p>GCDSE Staff, Council members</p>	<p>Ideally before Legislative visits</p>	
<p><b>2.1.3:</b> Annually, collaborate with a self-advocacy organization, DD Network partners, and others to support at least one statewide event (conference, stakeholder meeting) to review DD Shared Vision goals and objectives, and to plan future activities and collaborations to implement the Vision</p> <p><b>Outcome:</b> People will understand the Shared Vision, in the future more people will be able to exercise choices about their lives and services</p>	<p>GCDSE Staff, Council members</p>	<p>By September 30th, 2023</p>	
	<p><b>Ideas for FY23:</b></p>		

## Objective 2 - Support Self-Advocacy

A self-advocacy organization will have direct funding support; and information, training, and tools for success to increase its membership, sustainability, and organizational outreach.

<u>Key Activity</u>	<u>Who</u>	<u>Target Date</u>	<u>Status</u>
<p><b>2.2.1:</b> Support 2 Council member advocates or self-advocacy board members to attend/participate in a national legislative or policy advocacy training (DPS, TASH, etc.).            **Examples: Disability Policy Seminar (In-person and virtual)</p> <p><b>Outcome:</b> More Alaskans with disabilities and/or their families, will be knowledgeable about legislation and advocacy.</p>	GCDSE Staff	By September 30th, 2023	
<p><b>2.2.2:</b> Annually, sponsor the attendance of at least 2 Council members or self-advocacy board members who experience DD or are family members at statewide events, conferences, and/or trainings on full and meaningful lives, health and well-being, HCBS, and/or Medicaid.            **Examples: Full Lives Conference, NACDD</p>	GCDSE Staff	By September 30th, 2023	
	<p><b>Ideas for FY23:</b>            2023 DSP Seminar (Council members, Peer Power, Key).</p>		
	<p><b>Ideas for FY23:</b>            2023 Full Lives Conference            2023 NACDD            2023 Trust pre-conference            2023 Trust Conference</p>		

<p><b>Outcome:</b> More Alaskans with disabilities and/or their families, will be knowledgeable about meaningful lives, health and well-being, HCBS and/or Medicaid</p>	2023 IL Conference		
<p><b>2.2.3:</b> Identify and recruit advocates and self-advocates for vacant Council seats. Provide mentorship for new Council and committee members that will pair new members with both staff and mentor council members. Continue to ensure that the Council is culturally diverse. **Can take place at Council Meeting.</p> <p><b>Outcome:</b> Council members will have increased understanding of their role and responsibilities and encourage active involvement by all members through mentorship.</p>	GCDSE Staff	Spring/Summer 2023	
<p><b>2.2.4:</b> Support statewide self-advocacy training through collaboration with partners to include marketing and distributing information and materials to increase public awareness. Collaborate with a self-advocacy organization (examples: staff support, advertising, tech support, etc.). **Example: Peer Power Summit, I Have Dreams, I Have Rights webinars (GCDSE staff co-hosting events with advocates).</p> <p><b>Outcome:</b> More Alaskan self-advocates will have increased opportunities for leadership trainings.</p>	GCDSE Staff	September 30th, 2023	
	<p><b>Ideas for FY23:</b> Submit advertisement for vacant council seats (website, listserv, social media posts). Word of mouth from council members.</p> <p><b>Ideas for FY23:</b> 2023 Peer Power Summit—materials 2023 I Have Rights, I Have Dreams webinars-advocate involvement DLC has great resources!</p>		

<p><b>2.2.5:</b> Current self-advocates and leaders will have opportunities to mentor new self-advocates to become leaders by facilitating and participating in Empower Hour. Empower Hour is co-hosted by self-advocate leaders and emerging leaders, with the support of GCDSE staff, to increase leadership opportunities and skills for self-advocacy. GCDSE will provide in-kind support with Zoom platform and support staff during meetings, assisting with marketing (for example posting on social media, listserv). 1 Empower Hour per year that is specific to cross-disability and culturally diverse leadership opportunities / coalition.</p> <p><b>Outcome:</b> Alaskans with lived experience will have more information on how to connect with other self-advocates during Empower Hour and will also have the opportunity to participate at least 4 times a year in Empower Hour.</p>	GCDSE Staff, Peer Power	September 30th, 2023	
Empower Hour took place on October 20 <sup>th</sup>			