



# ARE YOU ELIGIBLE FOR ALASKA COLA?

**If** you are a PERS or TRS retiree, are 65 years or older, and are currently residing in Alaska, you may be eligible for the Alaska Cost-of-Living Allowance (COLA).

The Alaska COLA helps retirees who choose to make Alaska their home cover the higher cost of living in our beautiful state.

Certain rules and restrictions apply to the Alaska COLA. To find out if you qualify, visit [Alaska.gov/drb/pers/retiree/plan/cola.html](http://Alaska.gov/drb/pers/retiree/plan/cola.html) or contact the Division of Retirement and Benefits at (800) 821-2251.





State of Alaska  
Division of Retirement and Benefits  
P.O. Box 110203  
Juneau, AK 99811-0203

