



October 28, 2021

Ellen Izer
Premera Blue Cross Blue Shield of Alaska
3800 CenterPoint Drive, Suite 940
Anchorage, AK 99503

Re: 2022 Renewal, Group 1038789

Dear Ellen:

The Alaska Railroad Corporation accepts Premera's final proposal for ARRC's ASC health plan for the 2022 contract period:

- Total Admin Fee – \$ 57.72 PEPM for 2022
 - Admin Fee (Vision) – \$1.06 PEPM for 2022 – included in the total Admin fee for 2022
 - Admin Fee (Dental) – \$3.47 PEPM for 2022 – included in the total Admin fee for 2022
 - Network Management Fee – included in the total Admin fee for 2022
 - Nurse Line – included in the total Admin fee for 2022
 - Electronic EOB Credit – (\$1.00) for 2022 – included in the total Admin fee for 2022
- Total Admin Fee – \$ 59.31 PEPM for 2023
- Total Admin Fee – \$ 59.90 PEPM for 2024
- Blue Card Access Fee – Billed Monthly
- Calypso Extended Recovery Service – 25% to 35% of the amount recovered for 2022
- Personal Health Support – \$245 per actively engaged participant per month for 2022
- Elective Procedure Travel Support – \$500 per case – we will change to a new vendor in 2022
- Fiduciary Services – \$1.00 PEPM for 2022
- Enhanced Controlled Substance Program (Standard) – \$0.12 PEPM
- Telemedicine General Medical and Mental Health (Virtual Care Only) – \$0.65 PEPM
- Telemedicine Chemical Dependency (Virtual Care Only) – \$0.15 PEPM
- Telemedicine Outpatient Rehab (Virtual Care Only) - \$0.00 PEPM
- Premera Designated Centers of Excellence – 25% per case
- OP Rehab Management- \$35.00 per Episode of Care
- Maternity Services – Engagement fee \$50.00 Case Management Fee \$350.00
- NICU Case Management (Billed per case) – \$1,962 Setup Fee
- Livongo – Full Program – \$67.00 Pre Diabetic, Diabetic
- Livongo – Full Program Hypertension – \$39.00 per Plan Participant per Month
- Stop Loss Coordination Fee – \$4.00 PEPM ARRC Stop Loss coverage with Matrix for 2022.
- Pharmacy – Schedule D, MAC pricing (maximum allowable cost) for 2022
- Essential Pharmacy – Blue Essential and Gold Essential Plans for 2022
- Specialty – Accredo Specialty Pharmacy for all plans for 2022
- Extended Inpatient Benefits – To be included in all health plans
- CYC HSA– \$2.25 per participant
- CYC FSA – \$2.60 per participant, per additional FSA - \$1.20 per participant

Plan Changes

- For 2022 – Voluntary Medical Travel Changing to Surgery Plus
- Some Unions will be moving to just the Essential Plans
- Elimination of all those Special Federal Provision
- No other plan changes

We appreciate your assistance and other Premera staff who have helped with this renewal. Please let me know if you have any questions on the terms of our acceptance or need additional documents.

Sincerely,

Mike Humphrey - 3740

Mike Humphrey
Benefits and Records Manager

cc: Jennifer Mergens, CHRO for ARRC
Brian King, Segal Consulting