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# OFFICE OF THE LIEUTENANT GOVERNOR ALASKA

#### MEMORANDUM

TO:

Jun Maiquis

Department of Commerce, Community and Economic Development

FROM:

Scott Meriwether, Office of the Lieutenant Governor

465.4081

DATE:

August 11, 2016

RE:

Filed Permanent Regulations: Board of Certified Direct-Entry Midwives

Regulations re: apprentice permits, scope of practice, supervised clinical experience, continuing education, prenatal care, intrapartum care, permitted practices, medications, emergency practices, emergency transport plans, and peer review (12 AAC 14.130(e); 12

AAC 14.150; 12 AAC 14.200(a)(3)(F)(i),(ii); 12 AAC 14.210(b)(2); 12 AAC

14.500(b),(f),(i)-(k); 12 AAC 14.510(d); 12 AAC 14.560(a)(2),(4),(10); 12 AAC 14.570(6)-

(8),(12); 12 AAC 14.600; 12 AAC 14.610; 12 AAC 14.900(b)(6),(c))

Attorney General File:

JU2015200798 (Part 1)

Regulation Filed:

August 10, 2016

Effective Date:

September 9, 2016

Print:

219, October 2016

cc with enclosures:

Linda Miller, Department of Law

Micaela Fowler, Department of Commerce, Community & Economic

Development

Dianne Blumer, Administrative Regulation Review Committee

Judy Herndon, LexisNexis

# ORDER CERTIFYING THE CHANGES TO REGULATIONS OF THE BOARD OF CERTIFIED DIRECT-ENTRY MIDWIVES

The attached ten pages of regulations, dealing with review of an apprentice permit application, scope of practice, supervised clinical experience requirements, renewal requirements, approved continuing education programs, prenatal care, intrapartum care, permitted practices, medications, emergency practices, emergency transport plan, and peer review, are hereby certified to be a correct copy of the regulation changes that the Board of Certified Direct-Entry Midwives adopted at its February 25-26, 2016 meeting, under the authority of AS 08.65.030, AS 08.65.050, AS 08.65.080, AS 08.65.090, AS 08.65.110, AS 08.65.140, and AS 08.65.190 and after compliance with the Administrative Procedure Act (AS 44.62), specifically including notice under AS 44.62.190 and 44.62.200 and opportunity for public comment under AS 44.62.210.

This action is not expected to require an increased appropriation.

On the record, in considering public comments, the Board of Certified Direct-Entry Midwives paid special attention to the cost to private persons of the regulatory action being taken.

The regulation changes described in this order take effect on the 30th day after they have been filed by the lieutenant governor, as provided in AS 44.62.180.

DATE: 2125/16 Anchorage, Alaska

> Deborah Schneider, CDM, Chair Board of Certified Direct-Entry Midwives

#### FILING CERTIFICATION

I, Byron Mallott, Lieutenant Governor for the State of Alaska, certify that on \_\_\_\_\_\_\_, 2016 at \_\_\_\_\_\_\_\_, I filed the attached regulations according to the provisions of AS 44.62.040 – 44.62.120.

Byron Mallott, Lieutenant Governor

Effective: September 9, 2016

Register: 219, October 2016

## Chapter 14. Board of Certified Direct-Entry Midwives.

12 AAC 14.130(e) is amended to read:

within 30 days after any [ADDITION OR] change to the relationship with the apprenticeship program preceptor.

(Eff. 5/11/94, Register 130; and 12/26/2003, Register 168; and 3/19/2014, Register 171; and 3/19/2004, Register 191; and 9/19/2016, Register 219

Authority: As 03.65.030 As 08.65.090

12 AAC 14 is amended by adding a new section to read:

with a physician, advanced nurse practitioner, advanced practice registered nurse, or certified nurse midwife, who is licensed in this state, for a woman who

- (1) has a history of isoimmunization;
- (2) has a history of epilepsy or seizure disorder;
- (3) has a history of an asymptomatic heart abnormality;
- (4) has a current outbreak of genital herpes;
- (5) has a psychiatric illness that is stable and well-controlled;
- (6) has well-controlled gestational diabetes mellitus (A1).
- (b) A certified direct-entry midwife may not knowingly deliver a woman who
  - (1) has a history of pulmonary embolism;
  - (2) has pre-existing diabetes or gestational diabetes mellitus (A2);
  - (3) has pre-existing or chronic hypertension;
  - (4) has Rh disease with an affected fetus;
  - (5) has active tuberculosis, syphilis, chlamydia, or gonorrhea;

(6) has symptomatic heart or kidney disease;

(7)	has current chronic substance abuse;
(8)	has pre-eclampsia or eclampsia;
(9)	has bleeding with evidence of placenta previa or placenta abruption;
(10)	has a multiple gestation;
(11)	has a fetus of less than 37 weeks gestation;
(12)	has a fetus of more than 42 weeks gestation by dates and examination;
(13)	has a fetus in any presentation other than cephalic at the onset of labor;
(14)	is a nulliparous woman in active labor with a ballotable presenting fetal part;
(15)	is a woman in active labor who has ruptured membranes and ballotable
presenting fetal part;	
(16)	has experienced the rupture of membranes greater than 24 hours before active
labor;	
(17)	has had a previous cesarean delivery or other uterine surgery;
(18)	has a fetus with an anticipated need for intervention due to diagnosed
congenital anomalies;	
(19)	has an active seizure disorder or is on seizure medication;
(20)	has severe psychiatric illness;
(21)	has first trimester primary outbreak of genital herpes or an active outbreak of
genital herpes within two weeks of delivery;	
(22)	is less than 14 years of age
(7(23)	has any condition determined by the board to be of high risk to the pregnant
Woman, fetus or newborn: (Eff. 9/9/2016, Register 219)	
File#JU2015200798 (Adopted 2/25/16) 2	

Authority:

AS 08.65.050

AS 08.65.140

12 AAC 14.200(a)(3)(F)(i) and (ii) are amended to read:



## (i) review of the side effects and administration of uterotonic

[PHARMACEUTICAL] agents [, SUCH AS EMERGENCY

## ADMINISTRATION OF PITOCIN TO CONTROL POSTPARTUM

HEMORRHAGE]; and

12 AAC 14,200(a)(3)(F)(ii) is amended to read:

(ii) performing an [EMERGENCY] episiotomy;

(Eff. 2/18/94, Register 129; am 12/19/2001, Register 160; am 8/19/2004, Register 171; am

4/29/2006, Register 178; am 8/19/2009, Register 191; am 3/2/2011, Register 197; am

9/9 2016, Register 219)

**Authority:** 

AS 08.65.030

AS 08.65.050

12 AAC 14.210(b)(2) is amended to read:

(2) 10 labor and delivery observations that preceded any primary responsibility

for labor and delivery and may have been completed prior to the permit being issued;

(Eff. 2/18/94, Register 129; am 4/16/2003, Register 166; am 12/26/2003, Register 168; am

8/19/2004, Register 170; am 4/29/2006, Register 178; am 9/9/2016, Register 219)

**Authority:** 

AS 08.65.030

AS 08.65.050

## \$12 AAC 14.400(b)(4) is amended to read:

- (4) submit copies that are current at the time of certificate renewal verifying certification in
  - (A) the Basic Life Support for Health Care Providers Program (BLS);

and

- (B) [INTRAVENOUS THERAPY TREATMENT FOR GROUP B

  STREPTOCOCCI, FROM THE MIDWIVES' ASSOCIATION OF ALASKA (MAA),

  OR FROM A PROGRAM APPROVED BY THE MIDWIFERY EDUCATION

  ACCREDITATION COUNCIL (MEAC);
- (C) INTRAVENOUS THERAPY, FROM THE MIDWIVES'
  ASSOCIATION OF ALASKA (MAA), OR FROM A PROGRAM APPROVED BY
  THE MIDWIFERY EDUCATION ACCREDITATION COUNCIL (MEAC); AND
- (D)] the Neonatal Resuscitation Program (NRP) [(NPR)] from the American Academy of Pediatrics, or neonatal resuscitation approved by [FROM] the Midwives' Association of Alaska (MAA); and

200

12 AAC 14.500(b) is amended to read:

(b) At the initial prenatal visit, the certified direct-entry midwife shall recommend that the client undergo a physical examination as required in AS 08.65.140(1) [AS 08.65.140] to screen for health problems that could complicate the pregnancy or delivery and that includes a review of the laboratory studies required in (c) of this section. The certified direct-entry midwife shall obtain a signed written consent from the client reflecting the client's informed choice regarding the recommended physical examination and retain the consent in the client's record.

\_12 AAC 14.500(e)(1)(J) is amended to read: 9

(J) cervical cytology as recommended by the American Society for

Colposcopy and Cervical Pathology (ASCCP) guidelines; 7

((( Publisher: Existing 12 AAC 14.500(c)(1)(1) is unchanged. )))

12 AAC 14.500(f) is amended to read:

(f) The certified direct-entry midwife shall comply with AS 08.65.140(2)

[AS 08.65.140(b)] in obtaining a signed informed consent before the onset of labor [FOR HOME DELIVERY].

12 AAC 14.500(i) is amended to read:

(i) If, following the consultation set out in (h) of this section, the **consulting provider**[PHYSICIAN] recommends referral for immediate medical care, the certified direct-entry midwife shall refer the client for immediate medical care. A referral for immediate medical care does not preclude the possibility of **an out of hospital** [A HOME] delivery if, following the referral, the client does not have any of the conditions set out in **25 08.65.140(4) and** 

12 AAC 14.150 [AS 08.65.140(d)].

## 12 AAC 14.500(j) is amended to read:

(j) During the third trimester, the certified direct-entry midwife shall ensure that the home-birth client is adequately prepared for a home birth by discussing issues such as sanitation, facilities, adequate heat, availability of telephone and transportation, plans for emergency evacuation to a hospital, and the skills and equipment that the midwife will bring to the birth.

## 12 AAC 14.500(k) is amended to read:

(k) A certified direct-entry midwife shall make a home visit three to five weeks before the estimated date of confinement to assess the physical environment, to determine whether the home-birth client has the necessary supplies, to prepare the family for the birth, and to instruct the family in correction of problems or deficiencies. (Eff. 5/11/94, Register 130; am 5/2/2004, Register 170; am 10/18/2007, Register 184; am 3/2/2011, Register 197; am 8/10/2011, Register 199; am 9/9/2016, Register 219)

**Authority:** AS 08.65.030 AS 08.65.140 AS 08.65.190

#### 12 AAC 14.510(d) is amended to read:

(d) A consultation or referral as required in (c) of this section does not preclude the possibility of an out of hospital [A HOME] delivery if, following the consultation with the consultang provider [A PHYSICIAN] or referral for medical care, the client does not have any of the conditions set out in AS-08.65.140(4) and 12 AAC 14.150 [AS 08.65.140(d)].

(Eff. 5/11/94, Register 130; am 5/2/2004, Register 170; am 10/18/2007, Register 184; am

3/2/2011, Register 197; am 9/9 /2016, Register 219)

Authority: AS 08.65.030 AS 08.65.140 AS 08.65.190

12 AAC 14.560(a)(2) is amended to read:
(2) administration of medications as specified in 12 AAC 14.570

[AND 12 AAC 14.600];
12 AAC 14.560(a)(4) is amended to read:

(4) artificial rupture of the amniotic <u>membranes</u> [MEMBRANE] if the fetal head is <u>engaged</u> [AT ZERO STATION OR LOWER] and the client is <u>at least</u> [PAST] five centimeters dilation;

(((Publisher; To reflect the board's addition of new 12 AAC 14.560(a)(10), fleare relocate the "and" connector to follow 12 AAC 14.560(a)(9) rather than 12 AAC 14.560(a) is amended by adding a new paragraph to read:

(10) perform an episiotomy.

(Eff. 5/11/94, Register 130; am 5/2/2004, Register 170; am 9/9 2016, Register 219) a semicolon.)))

**Authority:** AS 08.65.030

12 AAC 14.570(6) is amended to read:

(6) <u>oxytocin</u> [PITOCIN], administered by intramuscular injection or <u>intravenously after delivery of the neonate</u> [INTRAVENOUS DRIP], for the <u>prevention or treatment</u> [CONTROL] of postpartum hemorrhage;

12 AAC 14.570(7) is amended to read: Coincludir

(7) uterotonic agents such as oxytocin, methylergonovine, carboprost

tromethamine, and misoprostol [METHERGINE, ADMINISTERED ORALLY OR BY

INTRAMUSCULAR INJECTION, IN AN EMERGENCY SITUATION] for the control and
treatment of postpartum hemorrhage [THAT WAS NOT CONTROLLED BY THE

ADMINISTRATION OF PITOCIN];

12 AAC 14.570(8) is amended to read:

(8) lactated ringers, plain or with dextrose five percent, or normal saline, up to 2,000 milliliters <u>administered</u> [ADMINISTRATED] intravenously to a client who would benefit from hydration;

((Rublisher: To reflect the addition of 12 NAC 14.570(12), fleare change the ferrod at the end of 12 AAC 14.570(11) to a semicolon.)))
12 AAC 14.570 is amended by adding a new paragraph to read:

(12) anti-diarrheal agent such as loperamide or diphenoxylate/atropine. (Eff. 5/11/94, Register 130; am 5/2/2004, Register 170; am 10/18/2007, Register 184; am 3/2/2011, Register 197; am 6/29/2013, Register 206; am 9/9/2016, Register 219)

**Authority:** AS 08.65.030 AS 08.65.190

12 AAC 14.600 is amended to read:

12 AAC 14.600. Emergency practices. In addition to the practices permitted in AS 08.65.140(4), 12 AAC 14.150 [AS 08.65.140(e) AND (f)] and 12 AAC 14.560, in an emergency a certified direct-entry midwife who has documented training and skills demonstrating competence as set out in 12 AAC 14.560 may attend or deliver a woman whose condition is outside the scope of practice in AS 08.65.140(4)

- [(1) PERFORM AN EPISIOTOMY; AND
- (2) ADMINISTER PITOCIN, METHERGINE, EPINEPHRINE, AND DIPHENHYDRAMINE AS DESCRIBED IN 12 AAC 14.570(6), (7), (10) AND (11)]. (Eff. 5/11/94, Register 130; am 5/2/2004, Register 170; am 9/9/206, Register 2(9)

AS 08.65.190 Authority: AS 08.65.030 AS 08.65.140 Editor's note: Effective 9/9/2016, Register 219, the Board of Certified Direct-12 AAC 14.610 is readopted without change: Entry Midwives readopted 12 AAC 14.610, without change, to affirm 12 AAC 14.610. Emergency transport plan. (Eff. 5/11/94, Register 130; readopt 9/9/2016, Register 219) amendments made in AS 08.65.030 [AS 08.65.140] AS 08.65.190 **Authority:** SLA 2014 Sections 4 and 5; ch. 99, SLA 2014 repealed former AS 08.65.140(e) and (f), provisions regarding actions during verifiable emergencies, but retained language in the definition of actions during verifiable emergencies, but retained language in the definition of emergency 12 AAC 14.900(b)(6) is amended to read: measures in the obserce of medical assistance, as specified in regulations adopted by the board (6) provide communication and records to the board and division investigative

## 12 AAC 14.900(c) is amended to read:

staff, as requested by the board or division investigative staff; and

- (c) A certified direct-entry midwife shall submit to the board or, if an organization has been designated under (a) of this section, to that organization the following information:
- (1) a copy of the <u>annual</u> summary of <u>primary births attended by</u> [BIRTH FOR EACH LABOR AND DELIVERY FOR WHICH] the certified direct-entry midwife, <u>or assisting</u> <u>births that the certified direct-entry midwife is documenting for purposes of re-licensure</u>, [HAD PRIMARY RESPONSIBILITY] during the 12-month period that began on <u>January</u>
  [APRIL] 1 of the preceding year; the copy must be submitted on or before May 1 of each year;
- (2) all records required under 12 AAC 14.540 as requested by the board <u>or</u>

  [THROUGH] the organization providing peer review [FOR CASES SELECTED UNDER (b)(2)

OF THIS SECTION]; and

(3) Within 14 [10] days after the delivery or transfer of care, all records required under 12 AAC 14.540 for any case in which a client for whom the certified direct-entry midwife had primary responsibility in this state

- (A) died;
- (B) required emergency hospital transport;
- (C) required intensive care within the first week after birth; or
- (D) had any of the complications or conditions listed in AS 08.65.140(4).

Zand 12 AAC 14.150 [AS 08.65.140(d)(1) - (17)] if the mother was attended in active labor or the newborn was delivered by a certified direct-entry midwife [IN ACCORDANCE WITH AS 08.65.140(e) or (f)].

(Eff. 5/16/96, Register 138; am 2/23/2007, Register 181; am 9/9/2016, Register 219)

Authority: AS 08.65.030 AS 08.65.110 AS 08.65.140