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**OFFICE OF THE LIEUTENANT GOVERNOR  
ALASKA**

**M E M O R A N D U M**

**TO:** Jun Maiquis  
Department of Commerce, Community and Economic Development

**FROM:** Scott Meriwether, Office of the Lieutenant Governor   
465.4081

**DATE:** March 29, 2016

**RE:** Filed Permanent Regulations: Board of Marital and Family Therapy  
  
Board of Marital and Family Therapy Regulations re: Licensure Requirements, License for Supervised Practice, Etc. (12 AAC 19.110 - .990)

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Attorney General File:	JU2015200184
Regulation Filed:	March 25, 2016
Effective Date:	April 24, 2016
Print:	218, July 2016

cc with enclosures: Linda Miller, Department of Law  
Micaela Fowler, Department of Commerce, Community & Economic Development  
Dianne Blumer, Administrative Regulation Review Committee  
Judy Herndon, LexisNexis

ORDER CERTIFYING THE CHANGES TO REGULATIONS  
OF THE BOARD OF MARITAL AND FAMILY THERAPY


The attached eight pages of regulations, dealing with license by examination, licensure by credentials, license for supervised practice, continuing education requirements, approved continuing education activities, application for continuing education course approval, and definitions, are hereby certified to be a correct copy of the regulation changes that the Board of Marital and Family Therapy adopted at its October 23, 2015 meeting, under the authority of AS 08.63.050, AS 08.63.100, AS 08.63.110, AS 08.63.120, and AS 08.63.140 and after compliance with the Administrative Procedure Act (AS 44.62), specifically including notice under AS 44.62.190 and 44.62.200 and opportunity for public comment under AS 44.62.210.

This action is not expected to require an increased appropriation.

On the record, in considering public comments, the Board of Marital and Family Therapy paid special attention to the cost to private persons of the regulatory action being taken.

The regulation changes described in this order take effect on the 30th day after they have been filed by the lieutenant governor, as provided in AS 44.62.180.

DATE: 12.24.15  
Anchorage, Alaska

  
Leon T. Webber, LMFT, Chairman  
Board of Marital and Family Therapy

FILING CERTIFICATION

I, Byron Mallott, Lieutenant Governor for the State of Alaska, certify that on March 25, 2016 at 3:30 p.m., I filed the attached regulations according to the provisions of AS 44.62.040 – 44.62.120.

  
Byron Mallott, Lieutenant Governor

Effective: April 24, 2016.

Register: 218, July 2016.

**Chapter 19. Board of Marital and Family Therapy.**

12 AAC 19.110 is <sup>repealed and reenacted to read</sup> ~~amended~~ to read:

CC NOTE TO PUBLISHER  
3rd underline not  
needed for 12 AAC 19.110))

**12 AAC 19.110. License by examination.** (a) The board will issue a license by examination to practice marital and family therapy to an applicant who meets the requirements of AS 08.63.100(a) and this section.

**(b) An applicant for a license under this section shall submit**

- <sup>board</sup>  
**department;**
- (1) a complete, notarized application, on a form provided by the**
- (2) the applicable fees established in 12 AAC 02.242;**
- (3) an official transcript documenting a master's degree or doctorate in**  
<sup>mental</sup>  
**marital and family therapy or allied health field from a regionally accredited educational**  
**institution approved by the board for which the applicant completed a course of study**  
**substantially equivalent to the requirements of AS 08.63.100(a)(3)(B), sent directly to the**  
**department from the school;**
- (4) the supporting documentation required by this section and AS 08.63.100;**
- and**
- (5) an authorization for release of records.**

<sup>9</sup>  
**(c) [(b)]** The applicant's supervised experience must meet the requirements of 12 AAC 19.130.

<sup>9</sup>  
**(d) [(e)]** To show fulfillment of the training requirement in AS 08.63.100(a)(3)(D), the applicant must document at least six contact hours of training related to domestic violence in courses approved by the board under 12 AAC 19.320(b)(1) – **(7) [(b)(7)]**.

**(e) [(d)]** The examinations required for a license to practice marital and family therapy are

the Examination in Marital and Family Therapy administered by the Professional Examination Service and the state written examination prepared and administered by the board. To pass the examinations the applicant must achieve at least the minimum passing score recommended by the Professional Examination Service on the Examination in Marital and Family Therapy and 90 percent or higher on the state written examination.

**(f)** ~~[(e)]~~ An applicant may substitute post-degree courses or practice as allowed in 12 AAC 19.120 to meet the course of study requirements in AS 08.63.100(a)(3)(B)(i) – **(vi)** [(a)(3)(B)(vi)].

**(g)** ~~[(f)]~~ To be scheduled for **and take** an examination, an applicant must **meet the requirements of this section** [FILE WITH THE DEPARTMENT A COMPLETE, NOTARIZED APPLICATION FOR A LICENSE BY EXAMINATION, INCLUDING THE SUPPORTING DOCUMENTATION REQUIRED BY THIS SECTION, AND THE APPLICABLE FEES ESTABLISHED IN 12 AAC 02.242]. An individual approved by the board under AS 08.63.110 for a license for supervised practice may schedule **and take** [FOR] the Professional Examination Service's Examination in Marital and Family Therapy by filing with the department a complete application showing fulfillment of the requirements in AS 08.63.100(a)(1), (2), and (3)(A) and (B).

**(h)** ~~[(g)]~~ The state written examination includes questions covering

- (1) state statutes and regulations applying to the practice of marital and family therapy; and

- (2) the code of ethics adopted by the board under 12 AAC 19.900.

**(i)** ~~[(h)]~~ The state written examination is an open book examination. The examination and study materials will be mailed directly to each applicant. Completed examinations must be returned to the department within 30 days after mailing, as shown by the postmark dates.



(i) <sup>9</sup> [6] An applicant who fails an examination may be reexamined, after six months have lapsed since the initial test date, if the applicant notifies the department in writing of the intent to be reexamined [AND SUBMITS THE APPLICABLE FEES IN 12 AAC 02.242 WITH THE WRITTEN NOTIFICATION]. If one year or more has lapsed since the applicant last took an examination, the applicant must submit a new and complete application for examination and submits the applicable fees established in 12 AAC 02.242. (Eff. 10/1/93, Register 127; am 8/24/2002, Register 163; am 1/2/2014, Register 209; am 4/24/2016, Register 218)

Authority: AS 08.63.050 AS 08.63.100 AS 08.63.120

<sup>(b)</sup>  
12 AAC 19.115 is amended to read:

~~12 AAC 19.115. Licensure by credentials.~~ (a) The board will issue a license by credentials to practice marital and family therapy to an applicant who meets the requirements of AS 08.63.140 and this section. (NOTE TO PUBLISHER: NO CHANGES TO 12 AAC 19.115(a))

(b) An applicant for a license under this section shall submit

(1) a complete, notarized application, on a form provided by the board <sup>(bold/underline)</sup>  
<sup>all caps</sup>  
[department]

(2) the applicable fees established in 12 AAC 02.242;

(3) verification of a current license in another state on a form provided by the department, sent directly to the department from the licensing jurisdiction;

(4) verification from all licensing jurisdictions in which the applicant holds or has ever held a license to practice marital and family therapy showing that the applicant's license has not been the subject of any disciplinary action and that there are no pending or unresolved actions against the applicant, sent directly to the department from the licensing jurisdiction; <sup>of the type set out in AS 08.63.210</sup>

(5) an authorization for release of records;

(6) satisfactory evidence that the applicant's qualifications for a license to practice marital and family therapy are equivalent to the requirements set out in AS 08.63.100; and

(7) <sup>3</sup> submits a completed Alaska Jurisprudence Questionnaire prepared by the board covering the provisions of AS 08.63, this chapter, the code of ethics by the board under 12 AAC 19.900, and <sup>that</sup> meets the score requirements of 12 AAC 19.110(c) <sup>italics 3/29/16 SRP</sup> [(3) A COPY OF THE CURRENT STATUTES AND REGULATIONS PERTAINING TO LICENSURE OR CERTIFICATION FOR THE PRACTICE OF MARITAL AND FAMILY THERAPY FROM THE STATE WHERE THE APPLICANT IS CURRENTLY LICENSED; AND

(4) THE APPLICABLE FEES ESTABLISHED IN 12 AAC 02.242]. (Eff.

8/24/2002, Register 163; am 4/24/2016, Register 218)

**Authority:** AS 08.63.050 AS 08.63.100 AS 08.63.140

<sup>repeated and redrafted</sup>  
12 AAC 19.200 is <sup>amended</sup> to read: <sup>CCC NOTE TO PUBLISHER-NO NEED TO BOLD/UL 12 AAC 19.200)</sup>

**12 AAC 19.200. License for supervised practice. (a) The board will issue a license for supervised practice of marital and family therapy to a person who meets the requirements of AS 08.63.110 and this section.**

**(b) A person for a license under this section shall submit**

**(1) a complete, notarized application, on a form provided by the**  
<sup>board</sup>  
**department;**

**(2) the applicable fees established in 12 AAC 02.242;**

**(3) an official transcript documenting a master's degree or doctorate in**  
<sup>mental</sup>  
**marital and family therapy or allied health field from a regionally accredited educational**

institution approved by the board for which the applicant completed a course of study substantially equivalent to the requirements under AS 08.63.100(a)(3)(B), sent directly to the department from the school;

(4) an authorization for release of records; and

(5) a proposed plan to satisfy the supervision requirements of AS

08.63.110(d).

(c) A holder of a license for the supervised practice of marital and family therapy may practice under supervision in a clinic, social service agency, or private marital and family therapy practice.

(d) ~~[(b)]~~ A holder of a license for the supervised practice of marital and family therapy shall use the title "marital therapy associate," "family therapy associate," or "marital and family therapy associate."

(e) ~~[(c)]~~ A holder of a license for the supervised practice of marital and family therapy may practice only under the direct supervision of a supervisor approved by the board under 12 AAC 19.210.

(f) A marital and family therapy associate candidate seeking licensure in this state must attain marital and family associate licensure status prior to accruing hours in Alaska.

No therapy or counseling may begin in Alaska before the applicant is <sup>licensed under this</sup> registered and ~~approved~~. <sup>Saction,</sup> (Eff. 10/1/93, Register 127; am 4/24/2016, Register 218)

Authority: AS 08.63.050 AS 08.63.110 AS 08.63.120

<sup>(a)</sup>  
12 AAC 19.310 is amended to read:

~~12 AAC 19.310. Continuing education requirements.~~ (a) An applicant for renewal of a marital and family therapy license who has been licensed 18 months or more of the concluding



license period shall document completion of 45 contact hours of continuing education acceptable to the board that was earned during the concluding license period **including at** [. AT] least

**(1) two [OF THE] contact hours [MUST BE] in professional ethics;**

**(2) two contact hours in addictions;**

**(3) two contact hours in cross cultural education; and**

**(4) two contact hours related to issues of domestic violence.**

*12 AAC 19.310(b) is amended to read:*

(b) An applicant for renewal of a marital and family therapy license who has been

licensed at least 12 months but less than 18 months of the concluding license period shall

document completion of 30 contact hours of continuing education acceptable to the board that

was earned during the concluding license period **including at** [. AT] least

**(1) two [OF THE] contact hours [MUST BE] in professional ethics;**

**(2) two contact hours in addictions;**

**(3) two contact hours in cross cultural education; and**

**(4) two contact hours related to issues of domestic violence.**

*12 AAC 19.310(c) is amended to read:*

(c) An applicant for renewal of a marital and family therapy license who has been

licensed less than 12 months of the concluding license period shall document completion of 23

contact hours of continuing education acceptable to the board that was earned during the

concluding license period **including at** [. AT] least

**(1) two [OF THE] contact hours [MUST BE] in professional ethics;**

**(2) two contact hours in addictions;**

**(3) two contact hours in cross cultural education; and**

**(4) two contact hours related to issues of domestic violence.**

~~(d) For the purposes of this section~~

*CC No changes to 12 AAC 19.310(d) or (e)*

~~(1) one "contact hour" equals a minimum of 50 minutes of classroom instruction~~



between instructor and participant;

*No changes to 12 AAC 19.31(d)*

(2) one academic semester credit equals 15 contact hours; and

(3) one academic quarter credit equals 10 contact hours.

(e) Only hours of actual attendance during which instruction was given will be accepted as continuing education contact hours earned from an academic course that is audited by the licensee, and the total number of contact hours earned may not exceed the academic credit hours offered for that course. (Eff. 10/1/93, Register 127; am 4/24/2016, Register 218)

Authority: AS 08.63.050 [AS 08.63.050(9)] [AS 08.63.100(d)]

[AS 08.63.050(3)] AS 08.63.100

12 AAC 19.320 is amended by adding a new subsection to read:

(d) To be accepted by the board, an instructor presenting information concerning counseling or the treatment of clients must hold a master's degree or higher in a mental health field unless specifically preapproved by the board under this section. (Eff. 10/1/93, Register 127; am 6/21/97, Register 142; am 4/24/2016, Register 218)

Authority: AS 08.63.050 AS 08.63.100

~~12 AAC 19 is amended by adding a new section to read:~~

*Disapproved 3/25/16  
SRP*

~~12 AAC 19.350. Application for continuing education course approval. (a) Except as provided in 12 AAC 19.310, to be approved by the board to meet the continuing education requirements of 12 AAC 19.320, an applicant for continuing education course approval shall submit to the board, not less than seven days before the date of the proposed program presentation date,~~

~~(1) a completed application on a form provided by the department;~~

- ~~(2) the continuing education course approval fee specified in 12 AAC 02.242;~~  
~~(3) the name of the course provider;~~  
~~(4) a complete course description, including the course title and a description of the learning objectives;~~  
~~(5) a course syllabus; and~~  
~~(6) an outline of the major topics covered by the course and the number of classroom hours allowed for each topic.~~
- ~~(b) Approval of a continuing education course under this section is valid until December 31 of the next even numbered year.~~
- ~~(c) A sponsor who has a change in a condition required under (a)(3) (6) of this section during the approval period described in (b) of this section must reapply to the board for continuing education credit approval not later than seven days after the course is presented.~~
- ~~(d) The sponsor shall keep records of attendance of all courses provided for a minimum of two years after the expiration date of the approved course, and may be audited at the discretion of the board. (Eff. \_\_\_/\_\_\_/\_\_\_, Register \_\_\_)~~
- ~~Authority: AS 08.63.050 AS 08.63.100~~

Disapproved 3/25/16  
SLP

12 AAC 19.990 is amended by adding a new paragraph to read:

(4) "one year of supervised clinical practice" means one academic year. (Eff.

10/1/93, Register 127; am 4/24/2016, Register 218)

Authority: AS 08.63.050